

# A REPORT

#67 Regional Centre #2667 Learner Support Centres #29 Overseas Partner Institutions



## टीबी मुक्त भारत



**PRADHAN MANTRI TB MUKT BHARAT ABHIYAAN**

**ERADICATING TUBERCULOSIS BY 2025**



## FOREWORD

Indira Gandhi National Open University (IGNOU) established in 1985 by an Act of Parliament has emerged today as a world's largest university in terms of the enrolment. It provides education 3 million students in Indian and other countries through an extensive network of 67 Regional Centres and around 2100 Learner Support Centres. It also has an international presence through its 23 overseas Study Centres spread in 15 countries.



IGNOU has been awarded A++ ranking by NAAC. IGNOU has democratized higher education and adopts Learner centric, flexible and cost effective approach for imparting quality education. Realising the need of hour, IGNOU has adopted innovative and cost effective measures to strengthen the learning process by introducing online initiatives in learning teaching activities. IGNOU coordinates four channels of Swayam Prabha and is the national coordinator for designing and development of MOOCs courses for certificate and diploma programmes under the Swayam Portal of Govt. of India. IGNOU offers digital content on the IGNOU e-content app, tele-education through Gyandarshan channel as radio broadcast and Interactive Radio Counselling through Gyanvani, FM Radio stations. IGNOU also has a repository of its course material on the E-gyankosh for easy accessibility to its students.

In addition to the academic programmes IGNOU has been pro-active in implementing policies of Government of India through a number of activities such as the sanitation rights, plantation rights, health and hygiene related programmes and yoga based physical and mental programmes. The various Regional Centres for IGNOU across the country have adopted more than 90 villages under the Unnat Bharat Abhiyan. IGNOU would also like to contribute towards Pradhan Mantri TB Mukta Bharat Abhiyan and stand by India's commitment for eradicating TB by 2025.

  
(Nageshwar Rao) 16/12/22  
Vice Chancellor



## MESSAGE

The Indira Gandhi National Open University (IGNOU) established in 1985, has emerged as the largest single education provider of higher education in terms of student enrolment. The University has made significant contribution in democratizing higher education in the country and creating opportunities for lifelong learning through its flexible and learner centric approach. A distinguishing characteristic of the University is its extensive learner support network of 68 Regional Centres which includes 57 Regular and 11 Recognized Regional Centres and nearly 2100 Learner Support Centres across the country.

In its journey of 37 years the University has achieved great milestones in providing learner-centric quality higher education and has transitioned from the Open and Distance Learning mode to the digital and online modes of teaching-learning.

The Regional Centres regularly organize and participate in the programmes of the Government of India (GOI) as per directives issued by the University, coordinated by the Regional Services Division. One such initiative of the GOI is the Pradhan Mantri TB Mukta Bharat Abhiyan, Ni-kshay 2.0. It is a campaign to mobilize and render community support for persons with TB.

I am happy to inform that as per the University directives, the Regional Centres are carrying out the activities under the Pradhan Mantri TB Mukta Bharat Abhiyan. The activities include organizing Health education camps in villages and communities, essay/painting competitions, Nukkard Natak and guest lecturers in the local languages. RCs have conducted TB awareness campaigns in the RC premises, in local institutions such as Government High Schools and colleges and conducted webinars.

The Regional Centres through the ongoing activities will further strengthen the initiative of the GOI in fulfillment of the aim of the campaign for eliminating TB by 2025.

  
Dr. Umesh Chandra Pandey  
Director, Regional Services Division



## MESSAGE

In India around 26 lakhs people contact Tuberculosis (TB) and about 4 lakh people die from this disease every year. This places India as a country with the world highest Tuberculosis burden. Although, all nations under United Nations Sustainable Development goals have set their goal of eradicating TB by the year 2030 however, Government of India has set the target of eradicating TB by end of 2025. There is a commitment right from the highest authority of the country, the President of India who has asked the nation to make the TB awareness campaign a mass movement.



Tuberculosis is one of the common infectious disease in our country with the infected organism, a bacteria present in most people's body. Lowering of the immunity can result in expression of this disease. Although, the treatment is long and often complicated with multi drug resistance, it has been made accessible by the Government of India which provides free of cost facility for prevention and treatment of this disease. The disease affects the society of the lowest socio-economic strata and even in the modern society of the present has a stigma attached to it. The Ministry's Ni-kshay Mitra initiative of adopting TB patients by individual and organizations is an important step for providing support to the TB patient and reducing the financial brunt on the family. Provision of improved nutrition to the TB patient can result in better treatment outcomes.

Spreading awareness about the prevention facilities for the treatment, initiative of the Government is an important empowering weapon which can be used effectively to eradicate the disease by the set target date. IGNOU being the largest university of the world with a national jurisdiction and contribution effectively in this endeavor to help in eradication of this disease. This report gives a glimpse into the potential that IGNOU has to reach the masses all over the country to spread the message.

*Ruchika Kuba*

(Prof. Ruchika Kuba)  
Director, SOHS



## **EXECUTIVE SUMMARY**

IGNOU initiated a number of activities for the awareness generation for the Prime Minister TB Mukh Bharat Abhiyan in mid October, 2022 and completed the same by First week of December, 2022 types of activities.

### **1. Webinar**

Webinars were organised by inviting experts from departments like Medicine Surgery, Community Medicine, Pediatrics, Pulmonary Medicine, Surgeon, TB and Chest specialist, alternate systems of medicine, dietician and organisations like Red Cross Society, NGOs etc. were also invited. Information was provided on the Do's and Don'ts, symptoms of disease, prevention and treatment of tuberculosis. Experts also spoke regarding the impact of tuberculosis and the control measures. A lot of stress was laid on the continuation of the treatment to prevent relapse and development of anti microbial resistance. Myths and stigma related to the disease was also addressed. The viewers were encouraged to adopt the Ni-Kshay Yojana of the government. In many of the webinars, district tuberculosis officers, the head of institutions and Directors, NGOs and Medical Association members, ESIC officials, Medical Colleges, hospital faculty and staff, university staff and students, also attended and participated showing their commitment for the same.

### **2. Awareness through social media and digital forums.**

The Videos of some of the webinars have been prepared and uploaded on the Youtube. Information, posters and reports of the webinars have been placed on the twitter, facebook and Instagram pages of the Regional Centres. The reports were also published in the Digi News, a digital news bulletin of the university which is read by the employees of the university and students of IGNOU which are about 3 million in number.

### **3. Teleconferencing sessions**

Teleconferencing is a one way video and two way audio wherein experts are invited in IGNOU Headquarters where they interact online with the viewers through phone or email. Experts from P.H.N Tuberculosis centre and School of Health Sciences faculty took the sessions to generate awareness regarding signs and symptoms of tuberculosis, early diagnosis and treatment. The sessions were attended with active participation of the students, counsellors, interested viewers from the general population. Live streaming of the session also took place on Youtube simultaneously. The recordings of these sessions are also available on Youtube.

### **4. Radio counselling**

A live radio counselling session was conducted through Gyan Vani from the School of Health Sciences giving information regarding TB, signs symptoms and treatment. A number of viewers asked questions and received satisfactory replies.

**5. Nukkad Natak**

A couple of Regional Centres organised Nukkad Natak to spread awareness for causes and treatment of tuberculosis. This was carried out in the adopted villages of the centres. Villagers, students, teachers, Asha workers, officials of the Regional Centres participated in the campaign. Processions were also taken out with banners, holdings, slogans and pamphlets distributed.

**6. Health Campaigns**

Health Campaigns, Awareness camps and Face to Face Talks were conducted by a few Regional Centres. The Medical Officers of the CHC were invited and awareness of the villagers was raised regarding tuberculosis. Campaigns were also conducted in various schools to make the children more aware as to how to avoid and detect TB. Stress was laid on early and timely treatment. Awareness campaigns were also undertaken house to house, shops and public places. The reports were also published in local newspapers.

**7. Essay Writing, Poster making and Painting Competition**

Essay Writing competition was conducted in English, Hindi and Urdu languages by few Regional Centres for the students of IGNOU and prizes distributed.



***Index of Pradhan Mantri TB Mukht Bharat Abhiyan***

INDEX		
S. No.	Heading	Page no.
<b>1.</b>	<b>Activities of Schools of IGNOU</b>	
1.1	School of Health Sciences – Teleconferencing	3 – 6
1.2	School of Translation Studies and Training Online lecture	7
<b>2.</b>	<b>Activities of Regional Centres of IGNOU</b>	
2.1	Regional Centre Bijapur	9 – 11
2.2	Regional Centre Jammu	12 – 13
2.3	Regional Centre Raipur	14 – 15
2.4	Regional Centre Hyderabad	16 – 18
2.5	Regional Centre Noida	19 – 20
2.6	Regional Centre Khanna	21 – 22
2.7	Regional Centre Vijayawada	23
2.8	Regional Centre Bangalore	24 – 27
2.9	Regional Centre Delhi – 2	28
2.10	Regional Centre Shimla	29 – 31
2.11	Regional Centre Chandigarh	32 – 33
2.12	Regional Centre Varanasi	34 – 35
2.13	Regional Centre Madurai	36
2.14	Regional Centre Dehradun	37 – 38
2.15	Regional Centre Vatakara	39 – 40
2.16	Regional Centre Jodhrpur	41 – 42
2.17	Regional Centre Lucknow	43 – 48
2.18	Regional Centre Bhubaneshwar	49 – 51
2.19	Regional Centre Cochin	52 – 55
2.20	Regional Centre Patna	56 – 57
2.21	Regional Centre Jabalpur	58 – 59
2.22	Regional Centre Jorhat	60
2.23	Regional Centre Karnal	61 – 64



*Activities of*  
*Schools of*  
*IGNOU*





Activities of Schools of IGNOU

IGNOU  
School of Health Sciences

School of Health Sciences organized a number of activities under the PM TB Mukht Bharat Abhiyan

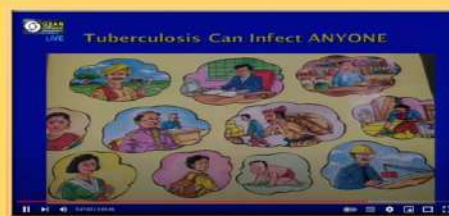
1. Teleconferencing on TB 22.11.2022

The teleconference for the students of IGNOU and general population as special activity was held on 22<sup>nd</sup> November, 2022 from 16.00 p.m. to 16:30 p.m. All the aspects related to Tuberculosis have been discussed by Dr. Gurpreet Kaur P.H.N Tuberculosis Centre and Dr. Reeta Devi, SOHS, IGNOU.



**Main points of the discussion -**

- Mode of Spread of the infections-An infectious air born disease spread through droplets of the infected person.
- Sign and Symptoms- Cough more than 2 weeks, loss of appetite, weight loss, low grade evening rise fever
- TB Indian Scenario-India accounted for 26% of the incident TB cases across the globe with incidence rate of 192 cases per 100,000 of population
- Diagnosis of TB- Good quality sputum microscopy
- DOTS- A trained health care worker or other designated individual provides the prescribed TB drugs and watches the patient swallow every dose. Minimum duration of treatment is 6 months. It is a 100% curable disease.
- Prevention of TB – Early diagnosis and treatment. Well balanced diet. Maintaining cough hygiene, proper ventilation, exposure in sunlight, safe disposal of sputum, covering nose and mouth while coughing.
- Contact Investigation and TB preventive treatment for all contacts of the patients.



2022/16/PIU/DINews/Nov/2495

इग्नू IGNOU DIGI NEWS 75 आज़ादी का अमृत महोत्सव  
जन-जन का विश्वविद्यालय

22nd November 2022 SOHS

### Tuberculosis Awareness



The teleconference for the students of IGNOU and general population as special activity was held on 22<sup>nd</sup> November, 2022 from 16.00 p.m. to 16:30 p.m. All the aspects related to Tuberculosis has been discussed by Dr. Gurpreet Kaur P.H.N Tuberculosis Centre and Dr. Reeta Devi, SOHS, IGNOU



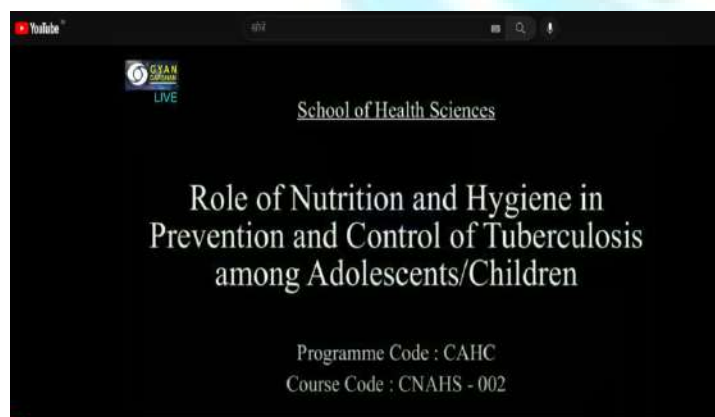
## 2. Teleconferencing on TB 07.12.2022

Teleconferencing session for the students of Certificate in Adolescent Health and Counseling (CAHC) programme (SOHS) was organized on the topic “significance of nutrition and hygiene in prevention and control of Tuberculosis among adolescents” as special activity on 07/12/2022 from 3.00 pm to 4.00 pm.

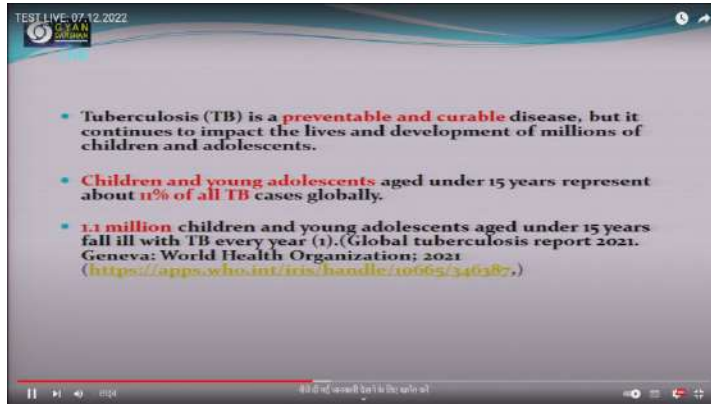
The main objective of the session was to make learners of CAHC programme (school teachers or any graduate as parents) aware regarding the tuberculosis, its signs and symptoms, early diagnosis and treatment protocol including the significance of nutrition and hygiene in prevention and control. The session was taken by Dr. Reeta Devi and Dr. Laxmi Assist. Prof. SOHS IGNOU.

Main Points covered in the discussion:

- Definition of Tuberculosis and its impact on the health and well-being of adolescents.
- Signs and symptoms of tuberculosis and how to diagnose in children/adolescents
- Under Prevention of TB in children and adolescents awareness regarding following programmes:
  - MOHFW National tuberculosis eradication programme (NTEP) and
  - Two primary health programmes that serve children and adolescents across the country are Rashtriya Bal Swasthya Karyakram (RBSK) and Rashtriya Kishor Swasthya Karyakram (RKSK), respectively
- Effect of under nutrition on outcomes in TB
- Reported effects of nutritional support in patients with active TB
- Basic Measures to Prevent Transmission of TB in School /Community







### 3. IRC on “TB free India” 9<sup>th</sup> Nov, 2022.

An interactive radio counselling was done on 9<sup>th</sup> Nov, 2022 at 3:30 pm to 4:00 pm on TB Free India. It was conducted as a question-answer session where the anchor asked questions on tuberculosis and the expert replied to the questions. Information about tuberculosis’s risk factors, signs, and symptoms was discussed. It was also discussed when to report to a doctor for tuberculosis. Further, diagnostic methods and treatment strategy for tuberculosis was also discussed. In the end, emphasis was given to the fact that tuberculosis is a curable disease and diagnosis and treatment are 100 percent free at the government health care set up.



## IGNOU

### School of Translation Studies and Training

#### Online lecture on 'T.B. Mukht Bharat Abhiyan'

In consonance with the 'Pradhan Mantri TB Mukti Bharat Abhiyan' Sindhi Chair housed in School of Translation Studies and Training, IGNOU organized an online lecture on 'T.B. Free India' on 10<sup>th</sup> November, 2022 at 3 PM. The Lecture was delivered by Dr. Biplab Jamatia, Faculty Member of School of Health Sciences, IGNOU and the session was chaired by Dr. M.S. Meena, Pro-Vice Chancellor, IGNOU. In his lecture Dr. Biplab covered the history of Tuberculosis and expanding options for ICI based treatment Adherence Support Mechanisms. The lecture was attended by Faculty Members of SOTST and other 17 members.

 <b>Indira Gandhi National Open University</b> <b>Sindhi Chair</b> <b>School of Translation Studies And Training</b> Special Lecture on "T.B. Free India" under 'Pradhan Mantri T.B. Mukht Bharat Abhiyan' <b>Thursday, 10<sup>th</sup> November, 2022</b>	
 <b>Patron</b> <b>Prof. Nageshwar Rao</b> Hon'ble Vice Chancellor, IGNOU	
 <b>Dr. M.S. Meena</b> Pro-Vice Chancellor, IGNOU	 <b>Dr. Harish Kumar Sethi</b> Director (I/c), SOTST, IGNOU
 <b>Dr. Biplab Jamatia</b> SOHS, IGNOU	 <b>Dr. Jyoti Chawla</b> SOTST, IGNOU
 <b>Dr. Chitresh Soni</b> SOTST, IGNOU	
Google Meet link : <a href="https://meet.google.com/kos-baej-hop">meet.google.com/kos-baej-hop</a> School of Translation Studies and Training Block 15-C, New Academic Building, IGNOU Maidan Garhi, New Delhi - 110068	

 <b>Indira Gandhi National Open University</b> <b>Sindhi Chair</b> <b>School of Translation Studies And Training</b> Special Lecture on "T.B. Free India" under 'Pradhan Mantri T.B. Mukht Bharat Abhiyan' <b>Programme Schedule</b> <b>10<sup>th</sup> November, 2022</b>	
3.00 PM Welcome Address  Moderator  3.05 PM Speaker  3.40 PM Presidential Address  3.55 PM Vote of Thanks	Dr. Harish Kumar Sethi Director (I/c), SOTST, IGNOU  Dr. Jyoti Chawla SOTST, IGNOU  Dr. Biplab Jamatia SOHS, IGNOU  Dr. M.S. Meena Hon'ble PVC, IGNOU  Dr. Chitresh Soni SOTST, IGNOU



*Activities of*  
*Regional Centres*  
*of IGNOU*





## Activities of Regional Centres of IGNOU

### Regional Centre Bijapur

Regional Centre Bijapur has organized various activities under the Pradhan Mantri TB Mukt Bharat Abhiyan programme in Association with IGNOU PSC-85004P BLDEA Nursing College Vijayapura at Malakandevan Hatti, one of the UBA Adopted Villages under RC Bijapur on 9th November, 2022.

#### 1. Nukkad Natake on 9.11.2022

Nukkrd Nataka organized an awareness campaign by the IGNOU PSC-85004P. Learners highlighted causes of and treatment of TB. A Procession was taken out covering the entire village with banners, holdings, slogans and pamphlets were distributed.

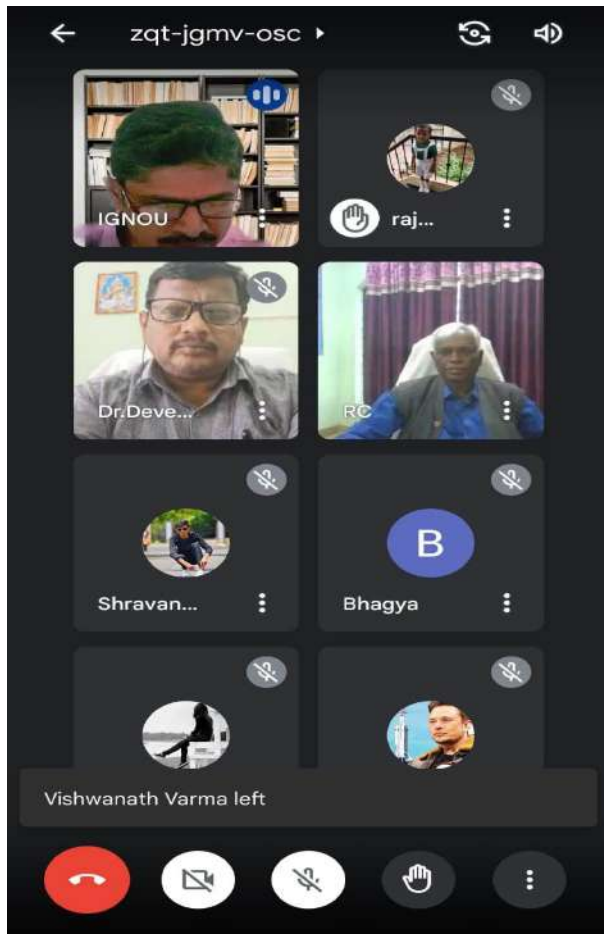
Dr. A. Varadarajan, Regional Director, IGNOU Regional Centre Bijapur, and Dr. B.N. Devendra, ARD, Shri. J. Thirumurgan, AR, Dr. Ningangouda Patil, PIC-85004P, Staff & Students of BLDEA Nursing College, Dr. Raju Bhosale, Supervisor TB Unit Vijayapura Taluka, Asha worker Ms Ambika and villagers and school children were present in this drive.





**2. Webinar on T.B. Prevention and Management on 30<sup>th</sup> Nov, 2022**

Regional Centre Bijapur also organized an online Google meet on “Tuberculosis: Prevention and Management” on 30<sup>th</sup> November 2022. Dr. Santosh Hegde, Associate Professor (Community Health), BLDEA Bijapur delivered the talk on TB prevention and Management. Dr. A. Varadarajan, RD highlighted the TB elimination programme. Dr. Nindanagouda Patil delivered the welcome address. Dr. B. N Devendra, ARD moderated the programme.





## DIGI NEWS

2022/16/PUJ/DIGInews/Nov/2316  
**IGNOU DIGI NEWS**  
 जन-जन को विश्वविद्यालय आज़ादी का अमृत महोत्सव  
 9th November 2022 RC-Bijapur

**Pradhan Mantri TB Mukat Bharat Abhiyan programme**

RC Bijapur organised Pradhan Mantri TB Mukat Bharat Abhiyan programme in Association with IGNOU PSC-85004P BLDEA Nursing College Vijayapura at Malakandevr Hatti, one of the UBA Adopted Villages under RC Bijapur on 9th November, 2022.

2022/16/PUJ/DIGInews/Nov/2316  
**IGNOU DIGI NEWS**  
 जन-जन को विश्वविद्यालय आज़ादी का अमृत महोत्सव  
 9th November 2022 RC-Bijapur

2022/16/PUJ/DIGInews/Nov/2317  
**IGNOU DIGI NEWS**  
 जन-जन को विश्वविद्यालय आज़ादी का अमृत महोत्सव  
 9th November 2022 RC-Bijapur

Nukked Nataka organized by the IGNOU PSC-85004P learners mainly highlighted causes of disease and treatment given awareness regarding TB. Procession was done covering the entire village with banners, holdings, Slogans and pamphlets were distributed.

Dr.A.Varadarajan, Regional Director,IGNOU Regional Centre Bijapur, and Dr.B.N.Devendra, ARD, Shri J.Thimurgen, AR, Dr. Ningangouda Patil, PIC-85004P, Staff & Students Of BLDEA Nursing College , Dr.Raju Bhosale, Supervisor TB Unit Vijayapura Taluka, Asha worker Ms Ambika and villagers and school childrens were present on this drive.





**Regional Centre Jammu**

**Webinar on 'TB Mukht Bharat Abhiyan' on 15.11.2022**

IGNOU Regional Centre Jammu organized a webinar on 'TB Mukht Bharat Abhiyan' on 15<sup>th</sup> Nov, 2022.

The webinar was organised through online platform which was attended by officials and staff of Health Sciences, IGNOU New Delhi HQs., Coordinators, Programme In-Charge of Learner Support Centres (LSCs) under Jammu and other stake-holders of the University.

The resource person was Dr. Dinesh Kumar, Professor and Head, Department of Community Medicine, AIIMS, Jammu.

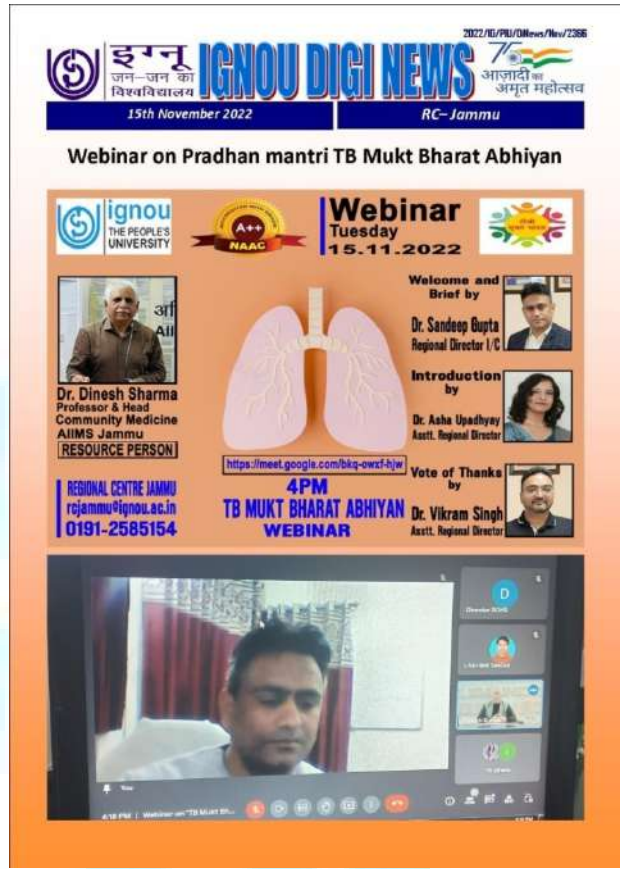
Dr. Kumar in his discourse elaborated about symptoms of the disease, do's and don'ts and need for awareness of tuberculosis among masses. He briefed about the different aspects of this disease and the need for psychological evaluation of the patients during the course of treatment.

Dr. Sandeep Gupta, Regional Director In-charge stated that IGNOU with its huge network to LSCs spread across the length and breadth of the country and having a gigantic student base can play a vital role in creating mass awareness movement about 'TB Mukht Bharat Abhiyan'.

Dr. Asha Upadhyay, Assistant Regional Director also spoke on the occasion while Dr. Vikaram Singh, Assistant Regional Director presented vote of Thanks.



DIGI NEWS





**Regional Centre Raipur**

***Awareness Meeting on Pradhan Mantri TB Mukta Bharat Abhiyan in adopted Village, Sankri on 17.11.2022***

An Awareness Meeting on Pradhan Mantri TB Mukta Bharat Abhiyan was organized in the adopted Village, Sankri on 17.11.2022 at 11.00 am. In this meeting Dr. K.C. Pant, Pediatrician (Rtd.) was the Resource Person, who addressed the Villagers. Dr. H. Sangeeta Majhi, Regional Director, Dr. Bijaya Kumar Sahoo, ARD, Sri P K. Das, AR along with other staff members were also present on the occasion.

Dr. Pant addressed the villagers and briefed them about the causes, symptoms and eradication of TB. He elucidated the complete eradication of TB from India. He addressed the queries of the villagers and nicely made them understand the basic concepts of TB. After that Dr. H. Sangeeta Majhi, RD spoke on the occasion followed by Dr. Bijaya Kumar Sahoo ARD. Dr. Sahoo exhorted the villagers to be very much aware of TB by immediately taking precautionary measures for its early diagnosis. In the end Sarpanch of Sankri Village, Sri Santosh Pal spoke on the occasion followed by the vote of thanks by Sri P.K. Das, AR.





**Some of the photographs taken during the Programme**





**Regional Centre Hyderabad**

Regional Centre Hyderabad conducted a number of activities

**1. Essay Writing Competition on 23.11.2022**

About 100 students participated in the Essay Writing Competition. The competition was conducted in English, Hindi & Urdu languages. The Regional Director also addressed the students. The following students have been announced as winners for the First, Second & Third prizes in English, Hindi & Urdu languages:

Language	First Prize Winner	Second Prize Winner	Third Prize Winner
English	Ms. Arhan Fatima Khatoon	Ms. V. Bhavani	Ms. A. Vijaya Laxmi
Hindi	Ms. Dhanshree Palekar	Ms. Fiza	Ms. Nishanth Begum
Urdu	Ms. Saneela Sadaf	Ms. Rahela Mahak	Ms. Syeda Samra Mehmooda

**Essay Writing Competition Award Ceremony**

**DIGI NEWS**





## **2. Health talk on “TB free India”**

On 23<sup>rd</sup> November, 2022 a talk on “TB Free India” was organized with the help of Sh. Bhim Reddy, Secretary, Red Cross Society. The Secretary had deputed two medical officers – Dr. Madhavi and Dr. Prassid who are involved in TB awareness camps.

About 120 students participated in the TB awareness talk. The Regional Director Dr. K. Ramesh, Dr. Varalakshmi, Principal of Indira Priyadarshini Govt. Degree College, Ms. Shajahan Siddiqi, Coordinator of the LSC-0155 and Ms. E. Udayasri, Assistant of the LSC-0155 also participated in the event.

Dr. Prassid spoke at length giving the data regarding the spread of TB in India and its impact and the control measures needed to be taken up. He appealed to the NGOs and students to join as volunteers in Sneha Mitra Groups for eradicating TB from India.

Dr. Madhavi spoke on medical terminology and requirement of continuous medication by TB patients. Ms. E. Udayasri, Assistant of LSC-0155 who herself was a TB patient in the back years explained her own story and how she could win over the disease successfully. She narrated the entire episode to the audience.

The Principal of the College Dr. Varalakshmi thanked the Regional Director, IGNOU RC, Hyderabad for choosing their College for conducting the Essay Writing Competition and the awareness campaign.

Both the above two events have been organized with the coordination of IQAC of Indira Priyadarshini Govt. Degree College for Women (IGNOU LSC-0155).





3. Health talk on "TB free India"

**IGNOU**  
THE PEOPLE'S UNIVERSITY

INDIRA GANDHI NATIONAL OPEN UNIVERSITY  
Regional Centre : Hyderabad

IGNOU in Coordination with IQAC, IPGDCW  
(IGNOU LSC-0155) Conducting  
A Talk by Dr. Madhavi  
Topic : TB Free India  
(Pradhan Mantri TB Mukht Bharat Abhiyan)  
On 23.11.2022 - Wednesday at 11.30 a.m.  
Followed by Prize Distribution for the winners of Essay  
Writing Competition held on 16th November, 2022  
Venue : Indira Priyadarshini Govt. Degree College for Women  
Nampally, Hyderabad - 500 001

Regional Director  
IGNOU RC-Hyderabad





**Regional Centre NOIDA**

**Online Lecture on “Tuberculosis – Causes, Prevention and Cure” on 25.11.2022**

In compliance of the directions received from IGNOU HQs, an online lecture was organized on the topic “**TUBERCULOSIS – CAUSES, PREVENTION AND CURE**” under “Pradhan Mantri TB Mukht Bharat Abhiyan” by IGNOU Regional Centre, NOIDA on 25<sup>th</sup> November, 2022.

The programme was initiated with the welcome address by Dr. Amit Chaturvedi, Senior Regional Director, IGNOU RC Noida followed by IGNOU Kulgeet.

The Director, Government Institute of Medical Sciences (GIMS), Greater NOIDA Dr. (Brig) Rakesh Gupta attended the programme as Special Invitee and presented special remarks on Tuberculosis. It was followed by address of Prof. Ruchika Kuba, Director, School of Health Sciences (SOHS), IGNOU who apprised the participants about functioning of SOHS, programmes offered and the responsibilities entrusted to IGNOU by Ministry of Health and Family Welfare, Government of India for contributing towards eradication of tuberculosis.

It was followed by the detailed presentation on the topic “**TUBERCULOSIS – CAUSES, PREVENTION AND CURE**” by resource person Dr. Rashmi Upadhyay (MD, DNB), Head, Department of Pulmonary Medicine, Government Institute of Medical Sciences, Greater NOIDA. Dr. Upadhyay elaborated upon the history of the disease, its statistical data in India and the world, diagnostic methods and recent advancements in treatment of the disease. She also shared various initiatives taken by Government of India for eradication of tuberculosis such as National Strategic Plan 2017-2025, Niskay Poshan Yojana, portal for registration of TB patients, etc.

The programme was also attended by District Tuberculosis Officer, Gautam Budhha Nagar, Dr. Shirish Jain who shared various steps that need to taken towards eradication of the disease from the country.

It was followed by the remarks of Dr. M. A. Laskar, Deputy Director, RC NOIDA and concluding remarks by Dr. Siran Mukerji, Additional Director, RC NOIDA. The meeting was attended by a total of 54 participants which included Dr. Reeta Devi (Assistant Professor, SOHS, IGNOU), Sh. Anil Kumar (Assistant Registrar, RC NOIDA), other officials and staff RC NOIDA and GIMS and students.

At the end of the programme, vote of thanks was proposed by Dr. Anjana, Assistant Regional Director, RC NOIDA followed by National Anthem.

The meet was organized through the google meet and recording has been uploaded at the youtube channel of RC Noida under following URL:

<https://www.youtube.com/watch?v=91vKKOwdSjs&t=2s>





## DIGI NEWS

2022/10/PAU/DigiNews/Nov/2487

IGNOU DIGI NEWS 75th Anniversary

25th November 2022 RC- Noida

Let us all join hands to support persons with TB

As a Ni-Kshay Mitra, anyone including elected representatives, corporates, NGOs or individuals, can commit to support a person with TB.

Register at [www.tbcinia.gov.in](http://www.tbcinia.gov.in)

1800-11-6666

2022/10/PAU/DigiNews/Nov/2488

IGNOU DIGI NEWS 75th Anniversary

25th November 2022 RC- Noida

Online Lecture organized under "Pradhan Mantri TB Mukht Bharat Abhiyan"

The programme was initiated with the welcome address by Dr. Amit Chaturvedi, Senior Regional Director, IGNOU RC Noida followed by IGNOU Kulgeet. The Director, Government Institute of Medical Sciences (GIMS), Greater NOIDA Dr. (Brig) Rakesh Gupta attended the programme as Special Invitee and presented special remarks on Tuberculosis. It was followed by address of Prof. Ruchika Kuba, Director, School of Health Sciences (SOHS), IGNOU who apprised the participants about functioning of SOHS, programmes offered and the responsibilities entrusted to IGNOU by Ministry of Health and Family Welfare, Government of India for contributing towards eradication of tuberculosis.

2022/10/PAU/DigiNews/Nov/2500

IGNOU DIGI NEWS 75th Anniversary

25th November 2022 RC- Noida

2022/10/PAU/DigiNews/Nov/2501

IGNOU DIGI NEWS 75th Anniversary

25th November 2022 RC- Noida

It was followed by the detailed presentation on the topic "TUBERCULOSIS – CAUSES, PREVENTION AND CURE" by resource person Dr. Rashmi Upadhyay (MD, DNB), He ad, Department of Pulmonary Medicine, Government Institute of Medical Sciences, Greater NOIDA. Dr. Upadhyay elaborated upon the history of the disease, its statistical data in India and the world, diagnostic methods and recent advancements in treatment of the disease. She also shared various initiatives taken by Government of India for eradication of tuberculosis such as National Strategic Plan 2017-2025, Niskay Poshan Yojana, portal for registration of TB patients, etc.

The programme was also attended by District Tuberculosis Officer, Gautam Budha Nagar, Dr. Shirish Jain who shared various steps that need to taken towards eradication of the disease from the country.

2022/10/PAU/DigiNews/Nov/2502

IGNOU DIGI NEWS 75th Anniversary

25th November 2022 RC- Noida

It was followed by the remarks of Dr. M. A. Laskar, Deputy Director, RC NOIDA and concluding remarks by Dr. Sivan Mukerji, Additional Director, RC NOIDA. The meeting was attended by a total of 54 participants which included Dr. Reeta Devi (Assistant Professor, SOHS, IGNOU), Sh. Anil Kumar (Assistant Registrar, RC NOIDA), other officials and staff RC NOIDA and GIMS and students.

At the end of the programme, vote of thanks was proposed by Dr. Anjana, Assistant Regional Director, RC NOIDA followed by National Anthem.





**Regional Centre KHANNA**

**Webinar on "Tuberculosis Bacteria: Symptoms & the importance of early diagnosis, treatment & prevention" on 25.11.2022**

An Online Webinar was conducted on 25<sup>th</sup> November 2022 at IGNOU Regional Centre, Khanna under Pradhan Mantri TB Mukta Bharat Abhiyan. The topic of the webinar was **"Tuberculosis Bacteria: Symptoms & the importance of early diagnosis, treatment & prevention"**. The Keynote Address was delivered by Dr. Harpreet Singh Bains Medical Officer, TB & Chest Specialist from District Civil Hospital, Ludhiana. The webinar was started with IGNOU Kulgeet and Sh. Parget Singh, Section Officer introduced the Chief Guest of the webinar and the participants.

Dr. Santosh Kumari, Regional Director delivered a welcome address of Dr. Harpreet Singh Bains and the participants. In the beginning, she presented Key Facts about Tuberculosis given by World Health Organisation (WHO). Further, TB statistical data given by WHO of India and Punjab was highlighted by her with Power Point Presentation.

Dr. Harpreet Singh Bains began his talk with the fact that Tuberculosis is a disease primarily of Lungs, then it affects the other parts of the body. The early symptoms of Tuberculosis are continuous Cough, Fever and Body Ache. This disease was discovered by Robert Koch in 1882. When it takes the form of chronic type of disease, the patient feels loss of appetite and loss of weight. Dr. Bains highlighted that early diagnosis is very-very important and bacteria rises when there is lack of immunity. The patient should be kept in rooms where there is provision of sufficient ventilation. The people who remain in constant touch with TB patients, for example, NGOs, Asha Workers, Lab Technicians should cover their face with mask or cloth.

He rejected the myths that TB spreads with patient's utensils. Therefore, this disease does not spread with utensils. He also given the names of medicines by which the Tuberculosis patients can be treated. He has also suggested the diet for these patients.

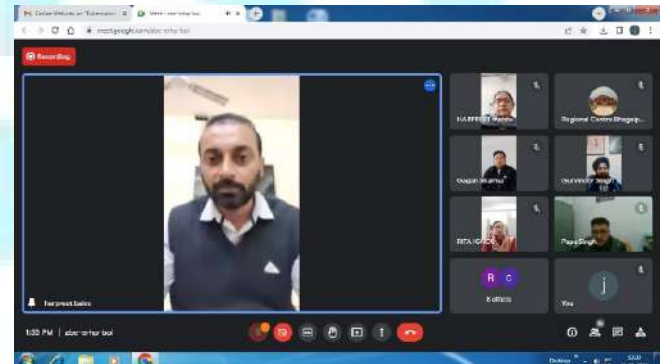
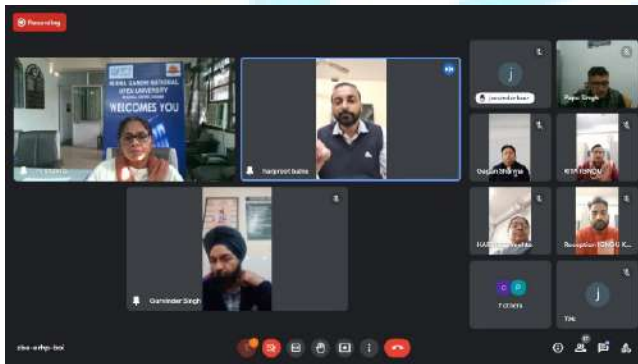
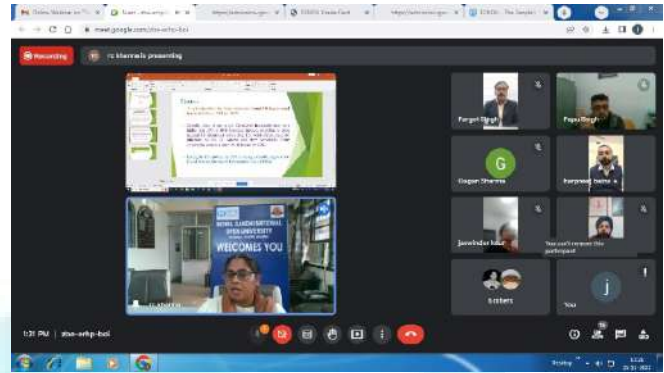
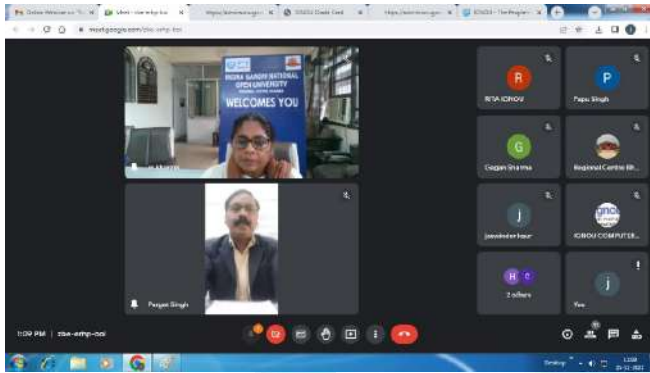
Dr. Santosh Kumari, Regional Director conveyed heartfelt thanks to Dr. Harpreet Singh Bains for making the participants aware about this disease.

In the end of the webinar, Sh. Papu Singh, Assistant Registrar presented a Vote of Thanks.

The webinar ended with National Anthem.



A few Photographs of the Webinar





**Regional Centre VIJAYAWADA**

**Health Campaign at Kankipadu Village in Krishna District, Andhra Pradesh**

The CCH students of LSC 33009P, St Ann’s College of Nursing, Vijayawada were in their practical sessions at Community Health Centre in Kankipadu Village, Krishna district. They along with the Medical Officer of CHC and the academic counselors of LSC 33009P conducted a health campaign in the village to raise public awareness about tuberculosis.

The pictures of the activities.







**Regional Centre BANGALORE**

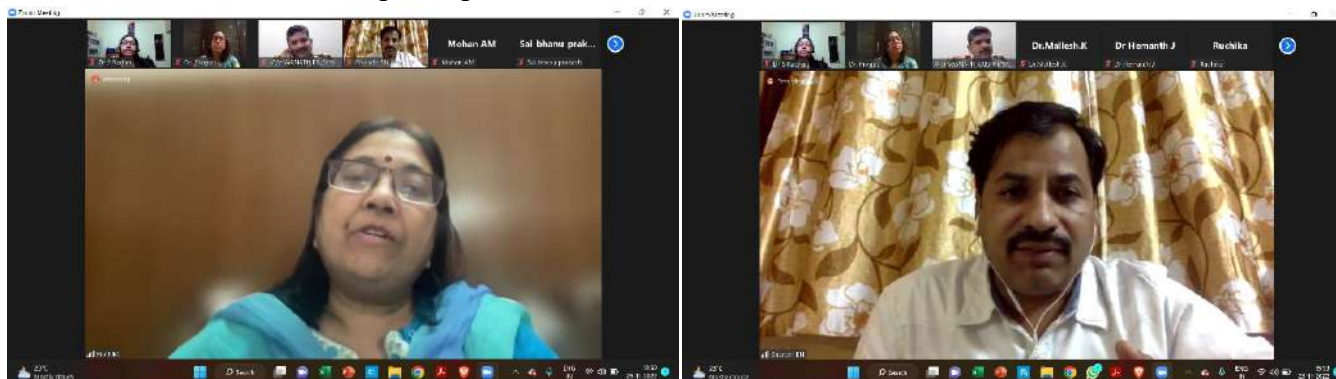
**Regional Centre Bangalore carried out various activities under the Pradhan Mantri TB MukT Bharat Abhiyan**

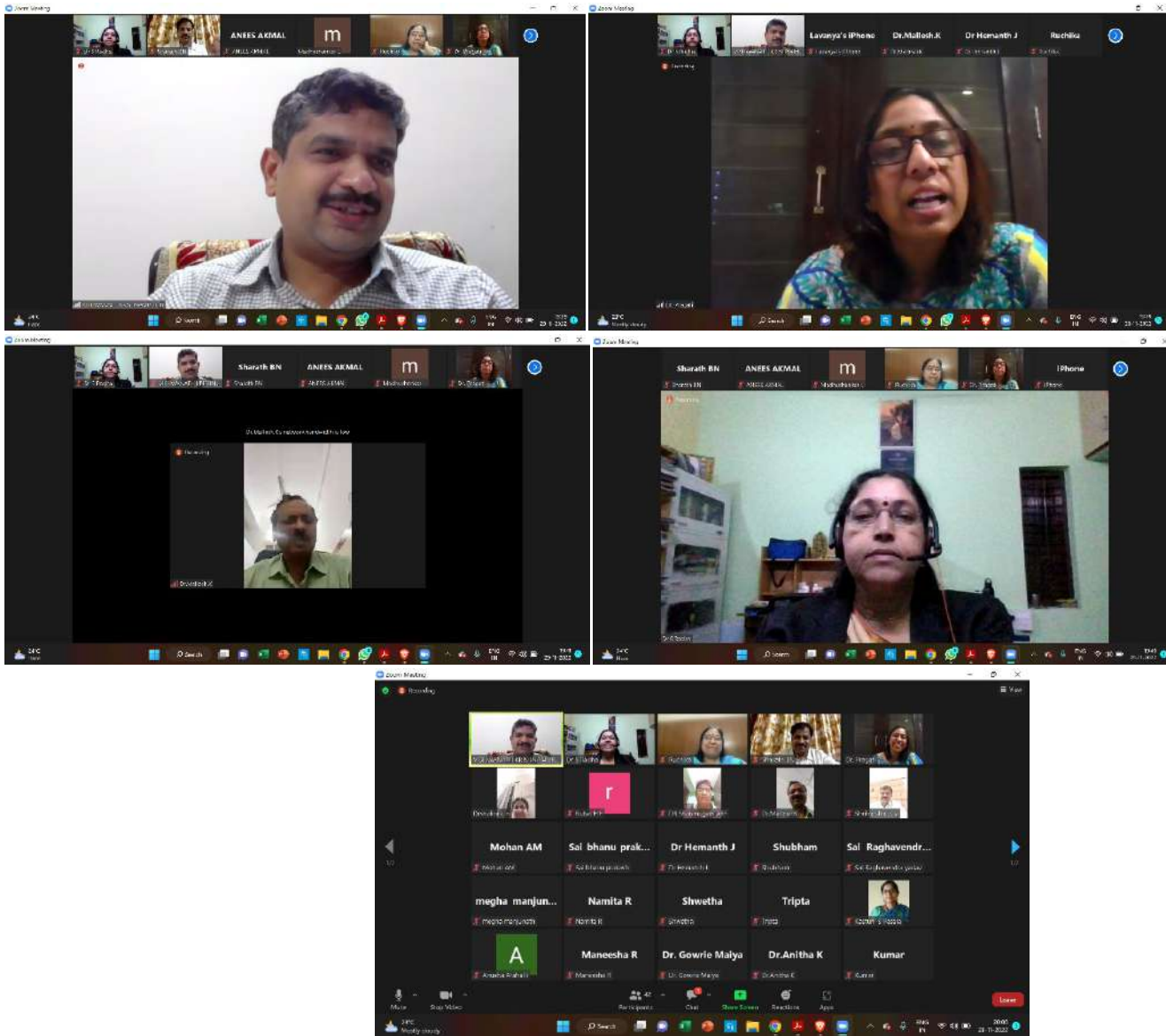
**1. Webinar & Panel Discussion on Pradhan Mantri TB MukT Bharat Abhiyaan' on 30.11.2022**

The Regional Centre Bangalore in association with Ramaiah Medical College and Indian Medical Association Bangalore Chapter has organised the online webinar on ‘Overview on Pradhan Mantri TB MukT Bharat Abhiyaan’ Resource Person was Dr Sharath BN, Associate Professor, Dept of Community Medicine, ESIC Medical College and PGIMSAR, Bengaluru. / Chair, Zonal Task Force Operational Research, National TB Elimination Programme (NTEP), South Zone-1. A Panel discussion And Physician’s Perspective on Pradhan Mantri TB MukT Bharat Abhiyaan was organized with the Resource Persons Dr. Mallesh K, Professor &HoD, Department of Paediatrics, BMCRI & Dr Pragathi Rao, Professor & HoD, Department of Pulmonology, Ramaiah Medical College and Hospitals.

The online sessions were commenced with the welcome address by Dr S Radha, Sr Regional Director, introductory remarks by Dr Shalini Nooyi, Dean and Principal, Ramaiah Medical College and concluding remarks delivered by Dr Ruchika Kuba, Director School of Health Sciences, IGNOU, New Delhi, and Dr Madhu ShankarL, Secretary IMA, Bangalore chapter. The vote of thanks are expressed by Dr Vishwanath Krishnamurthy, Prof of Medicine, Ramaiah Medical College. The students of PGDHHM, PGDGM, CHCWM and Post Basic BSC Nursing learners are invited to attend the sessions.

Doctor Sharat explained about the TB MukT Bharat Abhiyan, objectives of the initiative, scope of the initiative, present status of TB patients, expected output of the initiative, Identification & registration of Ni-Kshay Mitra etc., Doctor Pragathi and Doctor Mallesh discussed various challenges being faced in providing the treatment to TB patients and facilities expected from Government to extend more support to this initiative. The Resource Persons clarified all the doubts of the participants.





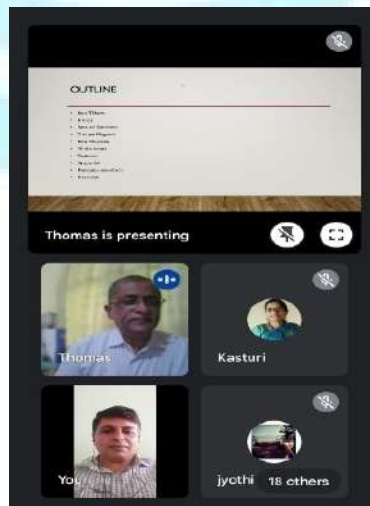
**2. Awareness Campaign in Government Schools on Pradhan Mantri TB Mukht Bharat Abhiyaan':**

On 29.11.2022, the Regional Centre Bangalore officials conducted the TB Awareness Campaign for the high school students of Netaji Subhas Chandra Bose Government School, Hombegowda nagar Bengaluru. Dr S Radha, SR RD, Dr M Shanmugam, ARD and Mrs. Vijayalakshmi, Headmistress addressed the learners. The symptoms of TB and precautions to be taken to avoid TB were explained with pictures.



**3. Webinar on Pradhan Mantri TB Mukta Bharat Abhiyaan':**

On 29.11.2022, the Regional Centre Bangalore in association with Spandana Health Care, PSC 13139P organised a webinar on 'TB Muktha Bharat Abhiyan'. Dr. Thomson, Medical Officer, Jeevan Sahara Kendra, Bengaluru was the resource person for the program. Dr. Mohan AM, PIC LSC 13139 moderated the session. Dr Hemamalini, HC coordinated the event. The learners of MSCCFT /PGDCFT programmes and M.Sc. Psychology students of Bangalore University actively participated in the session. Dr. Thomas spoke about causes for TB, Nature, Spreading way, treatment and prevention part of TB. He presented all such necessary information with the help of PPT slides. Dr. Thomas clarified all queries from Students at the end of the session.







**4. Awareness Talk at Regional Centre Campus:**

On 30.11.2022, RC Bangalore arranged an awareness talk on TB for Regional Centre staff & learners. Doctor Mamatha B, MBBS, DPH, Chief Medical Officer, B M T C, Shanthi Nagar, Bengaluru delivered the talk and explained about Tuberculosis (TB), causes of TB, medical treatment to TB patients, precautions to be taken etc., was discussed with cases. She interacted with the RC Staff and learners and clarified their doubts.





**Regional Centre Delhi – 2**

**Webinar on ‘TB Mukta Bharat Abhiyan’**

IGNOU Regional Centre Delhi-2 organised Lecture/Talk on “TB Harega aur Ham sab Jitenge” under the Pradhan Mantri TB Mukta Bharat Abhiyan. All IGNOU officials and a large number of students participated in the lecture. The programme was initiated by the welcome speech given by Dr. Meena Singh, ARD, RC Delhi-2.

Dr. D.P Singh, Assistant Regional Director welcomed keynote speaker Dr. Kumar Manoj, Junior resident, Hindu Rao Hospital, Delhi.

In his keynote speech Dr. Kumar Manoj has elaborated about TB as a disease and how to prevent the disease. He illustrated awareness of the TB. He said that lifestyle changes will not only develop a physical resistance in the body but will also give a positive attitude for thinking which can be quite helpful in eradicating the health problems which are now being faced by people. Regional centre officials and students asked many questions to the Dr. Kumar Manoj and he has answered all questions to the satisfaction of all present

The programme ended with a formal Vote of Thanks by Dr. Rita Chauhan, ARD, Regional Centre Delhi-2.





**Regional Centre Shimla**

Regional Centre Shimla Carried out various activities under the Prime Minister TB MukT Bharat Abhiyan.

**1. Webinar on 'TB MukT Bharat Abhiyan' on 30.11.2022**

As per the directions of Hqrs. IGNOU Regional Centre, Shimla organized a Webinar on “Tuberculosis: Prevention and Cure” topic on 30<sup>th</sup> November, 2022. Dr. Sanjay Kumar, Assistant Professor, Department of Community Medicine, Dr. RKGMC Hamirpur was the Resource Person on this occasion. Dr. Sanjay briefed about the symptoms of TB and its prevention and cure for proper diagnosis. He also narrated the efforts made by the Community Medicine Department in order to eliminating TB by 2025. Around 30 participants from Regional Centres, Learner Support Centres and Community Health Officers (IGNOU students of CCH Programme) have attended the webinar.



**Indira Gandhi National Open University  
Regional Centre Shimla**

**Pradhan Mantri TB MukT Bharat Abhiyan**

Webinar on 30<sup>th</sup> Nov. 2022 at 12:00 Noon.

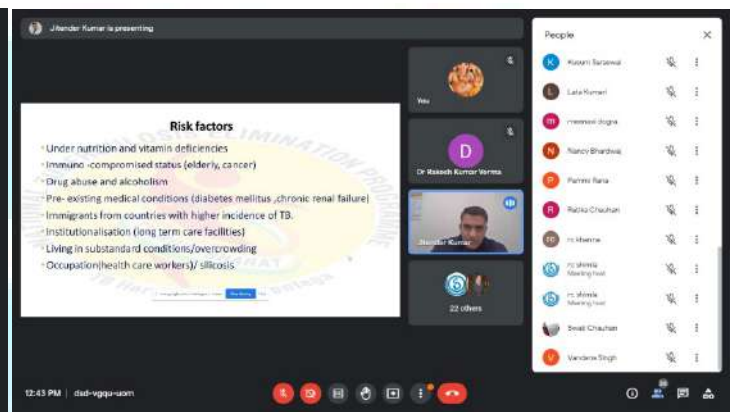
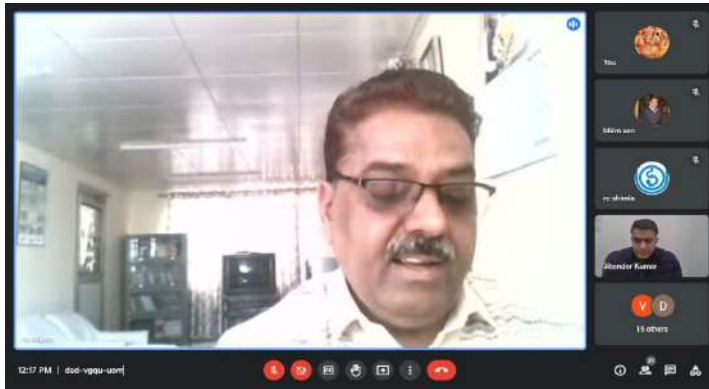
Join the Webinar: [meet.google.com/dsd-vgqu-uom](https://meet.google.com/dsd-vgqu-uom)

<b>Welcome and Introduction:</b>	Dr. Joginder Kumar Yadav, RD
<b>Keynote Address:</b>	Dr. Sanjay, GMC & Hospital, Hamirpur
<b>Vote of Thanks:</b>	Dr. Mohan Sharma, ARD

**Block No.-9, SDA Complex Kasumpti Shimla-171009 (HP)**  
Cont. No.0177-2624612 & 2624613 Email: [rcshimla@ignou.ac.in](mailto:rcshimla@ignou.ac.in)







## 2. Pradhan Mantri TB Mukta Bharat Abhiyan: Awareness Camp organized by LSC-1141D

Learner Support Centres under Shimla region also organized an awareness programme in this regard. In this context, IGNOU Spl. LSC 1141D, Talyana in association with Local Medical Officer, Health Department organized a two days awareness camp on 4<sup>th</sup> and 5<sup>th</sup> November, 2022. Faculty Member, Staff and students of LSC attended the camp and got valuable information regarding TB and its cure.





# SCHOOL OF HEALTH SCIENCES







**Regional Centre Chandigarh**

IGNOU Regional Centre Chandigarh has organized various activities between 15<sup>th</sup> -25<sup>th</sup> November 2022 under Pradhan Mantri TB Mukat Bharat Abhiyan as Under:

**1. Essay/ Painting Competition:**

To sensitize the IGNOU Learners about the Pradhan Mantri TB Mukat Bharat Abhiyan, Regional Centre Chandigarh took an attempt and a competition on Essay/Painting was conducted on the theme TB Mukat Bharat Abhiyan where 36 IGNOU learners and wards of IGNOU employees took part. The participants shown keen interest and sent their essay through online. The e-certificates of participation were given to all the participants. The IGNOU learners were also asked to disseminate the message about Tuberculosis and preventive measures among the masses and in their localities.

**2. Webinar on the Pradhan Mantri TB Mukat Bharat Abhiyan:**

A webinar was organized on the Pradhan Mantri TB Mukat Bharat Abhiyan in which Dr. Anshu Mittal, HOD, Professor & Head, Department of Community Medicine M.M. Institute of Medical Sciences & Research, Mulana, Ambala delivered the key note lecture and highlighted the various aspects on Tuberculosis and emphasized to aware the masses about this disease. Dr. Bhanu Pratap Singh also spoke on the topic and urged the people to take up the Pradhan Mantri TB Mukat Bharat Abhiyan seriously and disseminate the message for awareness the prevention and cure of Tuberculosis. Dr. Nurul Hasan & Dr. Savita Panwar, ARDs were also present in the webinar. The webinar was attended by the students, LSCs and RC Staff.





**3. Awareness camp in Village Community:**

An awareness campaign was organized in the Sherla village, Morni Hills at Morni community college where villagers and students from fire college participated and shown keen interest. The team of Doctors and paramedics from local PHC were invited and delivered the lectures.



Dr. Bhanu Pratap Singh RD also addressed the gathering about Pradhan Mantri TB Mukta Bharat Abhiyan, he informed that presently India has 25% patients of TB of the total World's patients & it is high time to eradicate the TB by 2025 from India as envisioned by our honorable Prime Minister Shri. Narendra Modi ji. The tree plantation ceremony was organized on the occasion. The leaflets were also distributed among the villagers during awareness rally in nearby villages. Some of the glimpses of awareness camp are shown below:

during awareness rally in nearby villages. Some of the glimpses of awareness camp are shown below:



**दैनिक भास्कर** पंचकुला भास्कर 24-11-2022

---

**दैनिक भास्कर**

---

**न्यूज़ ब्रीफ**

**टीबी उन्मूलन प्रोग्राम में किया जागरूक**



मोर्नी। इंदिरा गांधी राष्ट्रीय मुक्त विश्वविद्यालय क्षेत्रीय केंद्र चंडीगढ़ के तत्वाधान में प्रधानमंत्री टीबी मुक्त भारत अभियान के कार्यान्वयन की कड़ी में मोर्नी कम्युनिटी कॉलेज शेरला ताल मोर्नी हिल्स के प्रांगण में शिविर लगाया गया। शिविर में उपस्थित जनसमुदाय को संबोधित करते हुए क्षेत्रीय निदेशक डॉ. भानु प्रताप ने अभियान के बारे में विस्तृत जानकारी प्रदान की एवं इस आंदोलन को जन आंदोलन बनाने का आह्वान किया। इसके अतिरिक्त सहायक क्षेत्रीय निदेशक डॉक्टर नुरल हसन, प्राथमिक स्वास्थ्य केंद्र मोर्नी हिल्स से डॉक्टर प्रीति यादव, एएनएम पूनम सुंद एवं कॉलेज के चैयरमैन रमबीर सिंह केजल्लाल ने उपस्थित जनमानस को संबोधित किया। क्षेत्रीय निदेशक समेत आगंतुकों ने कॉलेज प्रांगण में पौधरोपण भी किया।



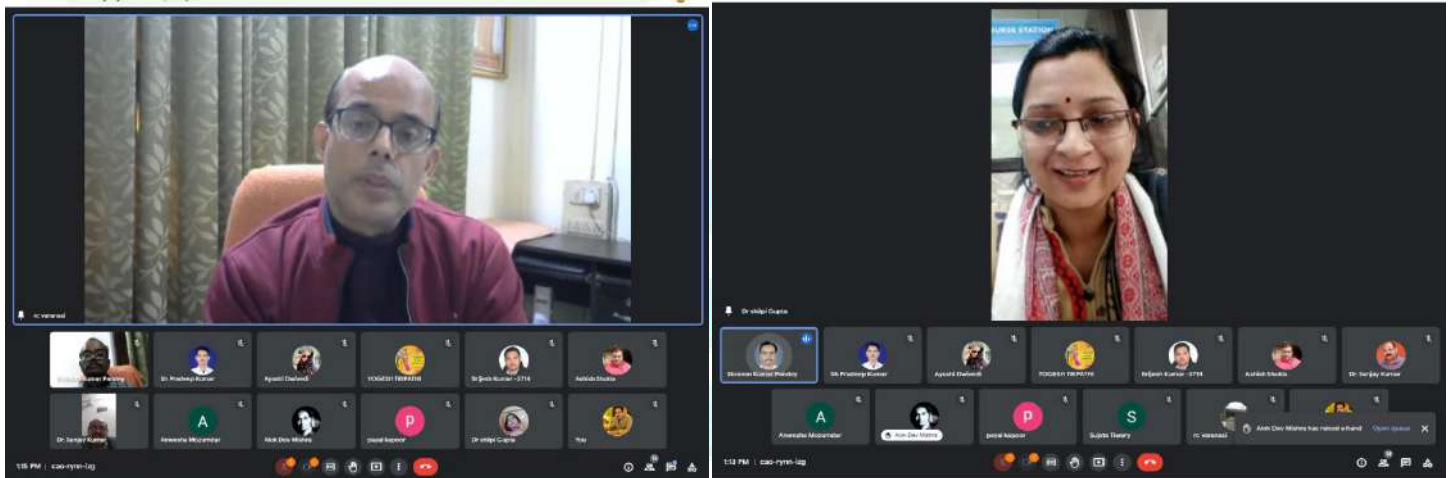
Regional Centre Varanasi

Webinar on 'TB Mukht Bharat Abhiyan' on 09.12.2022

A Webinar on TB Awareness and Precautions was organized by IGNOU Regional Centre Varanasi on 09.12.2022 from 12.30 to 1.00 PM to sensitize the IGNOU learners and communities of adopted village tikri.

The resource person of the programme was Dr. Shilpi Gupta, Dietician and special lecture on TV Mukht Bharat was delivered by Dr. Sandeep Kumar Singh , Medical Officer Govt. District Hospital Sadar Jaunpur.

Dr. Sandeep Kumar Singh explained the clinical symptoms and process of cure. He emphasized the precautions to be taken for avoiding infections and suggested measures for boosting immunities. Queries of the participants were answered by him. Dr Gupta addressed the participants about the awareness required for eradications of this disease by 2025. She highlighted that no spread can take place by touching, eating and communicating and staying connected with TB patient Dr. U N Tripathi RD (I/C) addressed the participants and urged all for sharing information among the friends and family to aware them preventive measures. Dr. Sanjay Kumar ARD and Dr. S K Pandey ARD were also present in the meeting.





# SCHOOL OF HEALTH SCIENCES



The image displays two screenshots of a Google Meet webinar. The left screenshot shows a close-up of a participant named 'samaya rajpoot' in a large video window, with a list of other participants on the right. The right screenshot shows a grid view of the meeting with multiple participants visible. Both screenshots show the meeting title 'Webinar on TV Mukt Bharat: Awareness...' and the time '12:49 PM' and '12:46 PM' respectively.



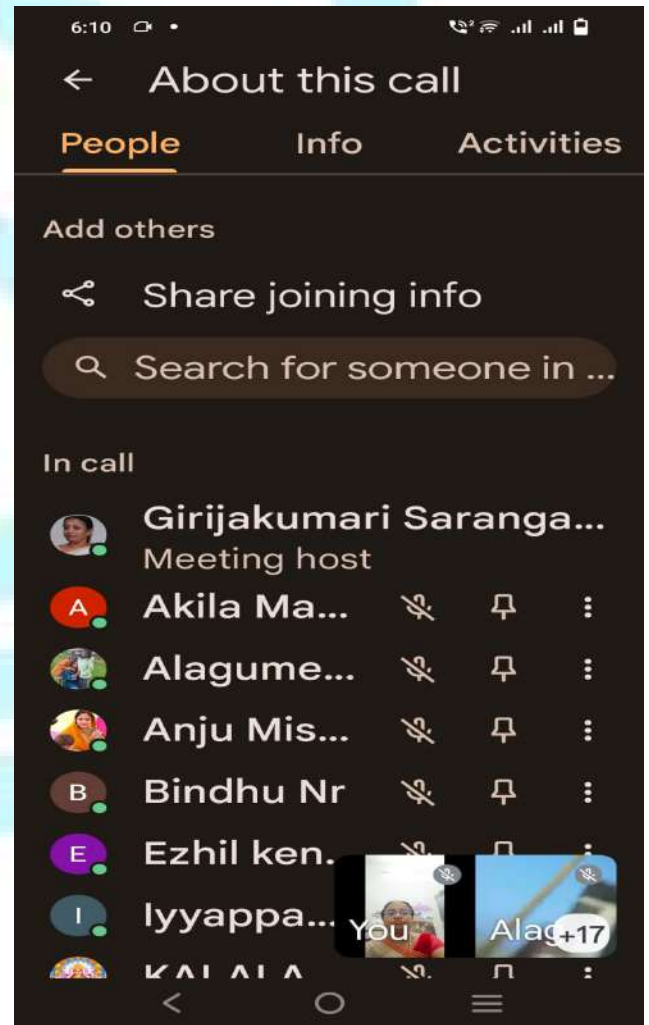
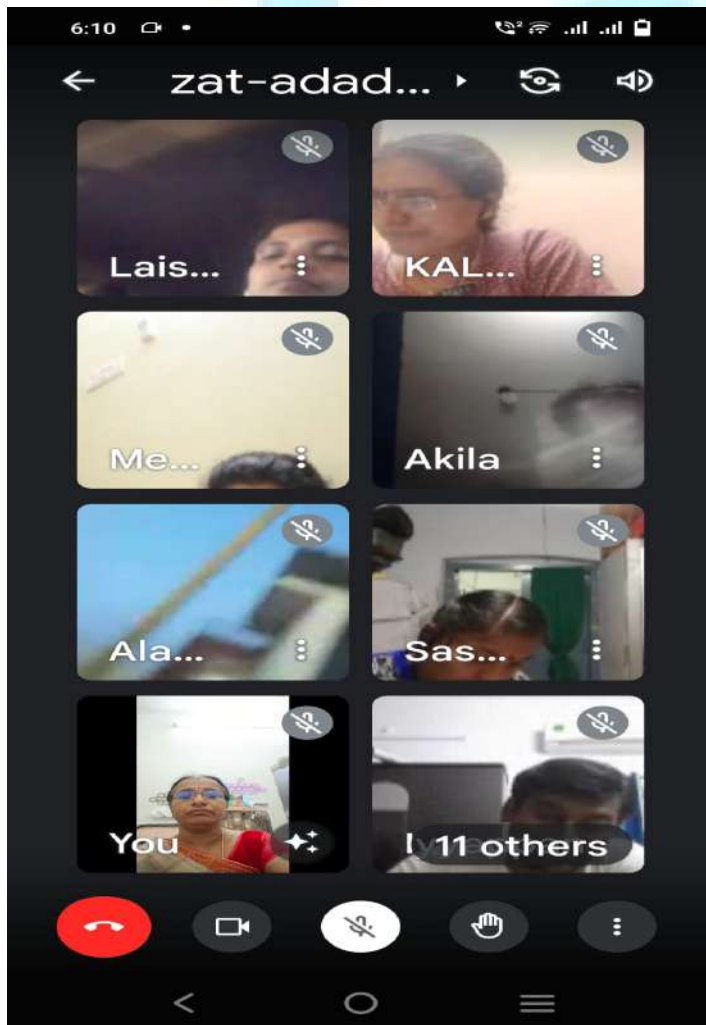




Regional Centre Madurai

Essay Competition on 'TBMukt Bharat Abhiyan' on 09.12.202

As part of the Pradhan Mantri TB Mukt Bharat Abhiyan, the LSC 2525P, College of Nursing, Sri Ramakrishna Institute of Paramedical Sciences, Coimbatore under IGNOU Regional Centre, Madurai, conducted **Essay Competition** to the BSC (Nursing) learners on the title “Invest to End TB and Save Lives” on 09.11.2022 between 6 PM and 7 PM. Out of the 19 students participated in the Essay Competition, the students those secured first and second place were rewarded by the LSC.



## Regional Centre Dehradun

A number of activities were conducted under the Pradhan Mantri TB Mukta Bharat Abhiyan

### 1. Awareness Campaign on 'TB Mukta Bharat Abhiyan' in villages

As per instructions received from IGNOU Headquarters, awareness activities were organized by the Regional Centre. As a part of awareness activity, Regional Centre staff carried a small rally in the area of village Sunderwala and Mangluwala, near Tapovan Dehradun in the second week of December 2022. During the rally a number of households and shopkeepers were visited. Message regarding *Pradhan Mantri TB Mukta Bharat Abhiyaan* (Tuberculosis Free India) was shared with them. The villagers were also informed that if there is any TB patient in the village, s/he should immediately report about it to the nearby government hospital so that they may avail benefits offered through *Pradhaan Mantri TB Mukta Bharat Abhiyaan*.

### 2. Spreading awareness in localities

Coordinators of LSCs were also directed to create awareness activities for spreading the message of *Pradhan Mantri TB Mukta Bharat Abhiyaan* in their locality.

### 3. Publicity of the message for TB Elimination

For wider circulation of the message, the Poster of the *Abhiyaan* was uploaded on the website of the Regional Centre Dehradun and different social media platforms including Facebook Page, Twitter and Instagram.





Rally conducted by the staff members of Regional Centre Dehradun for *Pradhan Mantri TB MukT Bharat Abhiyaan*

Message of *Pradhan Mantri TB MukT Bharat Abhiyaan* was spread to shopkeepers in the nearby locality



**Awareness Campaign for *Pradhan Mantri TB MukT Bharat Abhiyaan***





## Regional Centre Vatakara

Various activities were conducted under the Pradhan Mantri TB Mukht Bharat Abhiyan

### 1. Awareness Campaign on 'TB Mukht Bharat Abhiyan'

R C Vatakara conducted a grassroot awareness campaign on tuberculosis in connection with the Pradhan Mantri TB Mukht Bharat Abhiyan. The officials and staff of RC Vatakara visited the nearby homes and shops and undertook an awareness drive on tuberculosis.

The initial stage was completed by the officials of the Regional Centre Vatakara by giving the staff an awareness talk on the subject and arming them to effectively carry out awareness talks themselves to the public.

Then the officials and staff undertook the awareness drive in a number of houses, shops and other public places around the area and talked about the causes, symptoms, the after effects, treatment, facilities and helps provided by the government. They also explained about various medical facilities and other government initiatives made available for the treatment of tuberculosis.

The public acted highly responsive to the awareness drive and expressed their interest and benefit in the information shared. They also showed the willingness to pass on the awareness to other people, especially those who are in need.







**Regional Centre Jodhpur**

**Webinar on 'TB Mukht Bharat Abhiyan'**

इंदिरा गांधी राष्ट्रीय मुक्त विश्वविद्यालय क्षेत्रीय केंद्र जोधपुर शिक्षा मंत्रालय भारत सरकार एवं मौलाना आजाद औद्योगिक प्रशिक्षण संस्थान जोधपुर के संयुक्त तत्वाधान में प्रधानमंत्री टी बी मुक्त भारत अभियान जागरूकता कार्यक्रम आयोजित किया गया। प्रधानमंत्री टी बी मुक्त भारत अभियान जागरूकता कार्यक्रम के मुख्य अतिथि इग्नू क्षेत्रीय केंद्र जोधपुर के क्षेत्रीय निदेशक डॉ. अजयवर्धन आचार्य ने बताया कि टीबी के खिलाफ देश की लड़ाई को तेज करने और 2025 तक इस बीमारी को खत्म करने के लिए प्रधानमंत्री द्वारा निर्धारित लक्ष्य को प्राप्त करने के लिए जोधपुर में अभियान की शुरुआत की गई। टीबी एक संक्रामक रोग है जो माइक्रो बैक्टीरियाप्यूबर कुलोसिस के कारण होता है। यह फेफड़ों को प्रभावित करता है लेकिन शरीर के अन्य भागों को प्रभावित कर सकता है। यह एक इलाज योग्य बीमारी है। टीबी हवा के माध्यम से एक व्यक्ति से दूसरे व्यक्ति में फैलता है। 2020 में दुनिया भर में टी बी सेकुल 1.5 मिलियन लोग मारे गये है और अनुमानित 10 मिलियन लोग तपेदिक, टीबी से बीमार पड़ गये है भारत में लगभग 26 लाख लोग टीबी से पीड़ित है। 2025 तक टीबी उन्मूलन की दिशा में देश को प्रगति को गति देने के लिए स्वास्थ्य और परिवार कल्याण मंत्रालय की एक पहल है। इस कार्य शाला में मौलाना आजाद औद्योगिक प्रशिक्षण संस्थान, जोधपुर के प्राचार्य मनीष माथुर एवं मुजिब का जीने विद्यार्थियों को इस अभियान के विषय में जागरूकता बढ़ाने पर बल दिया।









## Regional Centre Lucknow

### 1. Webinar on 'TB Mukht Bharat Abhiyan'

IGNOU, Regional Centre, Lucknow organized a National Webinar on Prime Minister's Dream: Tuberculosis Free India by 2025 on 6<sup>th</sup> December, 2022 through Google Meet. On this occasion Dr. Manorama Singh, Senior Regional Director, Dr. S. S. Tripathi, Professor, RMLIMS, Lucknow, Dr. Reena Kumari, Assistant Regional Director, IGNOU, Regional Centre, Lucknow, Prof. Perveen Kumar, Coordinator, IGNOU LSC-27108, Shri. Jai Narain PG College, Lucknow Dr. Parvat Singh, Coordinator, IGNOU LSC-27211, Ram Swaroop Gram Udyog PG College, Pukhrayan, Kanpur Dehat, Dr. Yogesh Pandey, Coordinator, IGNOU LSC-2712, Bipin Bihari College, Jhansi, Dr. Sarvagya Shukla, Assistant Coordinator, IGNOU LSC-27197, Brahmanand College, Kanpur and students attended this programme.

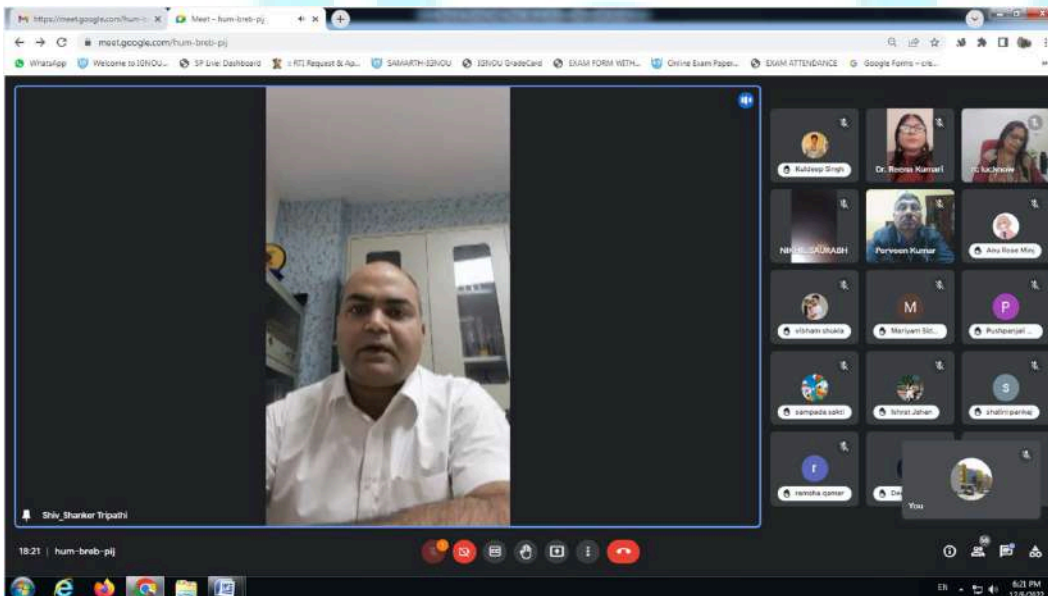
The poster is divided into two main sections. The left section is orange and contains the following text: IGNOU logo, 'Indira Gandhi National Open University Regional Centre, Lucknow', 'in Collaboration with', a circular logo with a lamp, 'IGNOU Learner Support Centre - 27108 Shri Jai Narain PG College Lucknow', 'Cordially invites you to join National Webinar on Prime Minister's Dream Tuberculosis Free India by 2025', 'Tuesday, 6th December, 2022', 'Link for Google Meet : https://meet.google.com/hum-breb-pij'. The right section is light beige and features six portraits of participants with their names and titles: Patron Dr. Manorama Singh (Senior Regional Director, IGNOU, Lucknow), Guest Speaker Dr. S. S. Tripathi (Associate Professor, RMLIMS, Lucknow), Organizing Secretary Dr. Parvat Singh (Assistant Professor, Ram Swaroop Gram Udyog PG College, Kanpur Dehat), Convener Dr. Reena Kumari (Assistant Regional Director, IGNOU, Lucknow), and Organizing Secretary Dr. Perveen Kumar (Professor, Sri Jai Narain PG College, Lucknow).

The Programme was started by Kulgeet of IGNOU.

Dr. Manorama Singh, Senior Regional Director welcomed all the dignitaries and the learners of IGNOU. Dr. Singh said that awareness about Tuberculosis may prevent society from spread of the disease. She motivated the learners to disseminate awareness about prevention of Tuberculosis in the society as a social responsibility.

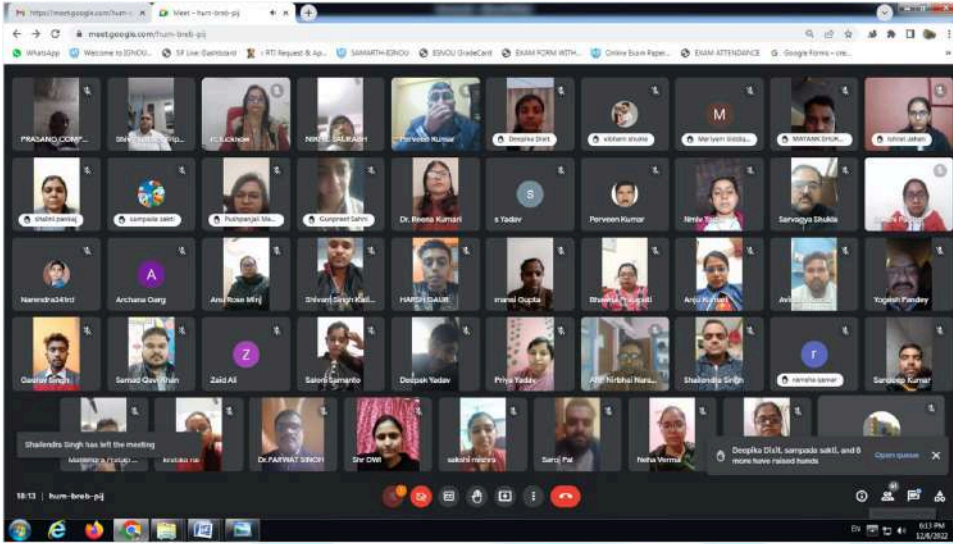


Prof. S. S. Tripathi, Dr. Ram Manohar Lohiya Institute of Medical Sciences, Lucknow discussed in detail about causes, symptoms and prevention of tuberculosis. He further spoke that after detection tuberculosis it is important to continue the treatment of the disease as per advice of the doctor. He further spoke about NIKSHAY portal, which is used by health functionaries at various levels across the country both in the public and private sector, to register cases under their care, order various types of tests from Labs across the country, record treatment details, monitor treatment adherence and to transfer cases between care providers. It also functions as the National TB Surveillance System and enables reporting of various surveillance data to the Government of India.



At the end of the programme queries raised by the students were replied by Prof. S. S. Tripathi.





The programme was conducted by Dr. Reena Kumari, Assistant Regional Director and formal Vote of Thanks was proposed by Prof. Perveen Kumar, Coordinator, IGNOU Learner Support Centre – 27108, Shri Jai Narain PG College, Lucknow.

## इग्नू ने आयोजित किया टी.बी. मुक्त भारत विषय पर वेबिना

**सुनील श्रीवास्तव**

पुखराया- रामस्वरूप ग्राम उद्योग परामर्शक महाविद्यालय, पुखराया कानपुर देहात में संचालित इंदिरा गांधी राष्ट्रीय मुक्त विश्वविद्यालय के अध्ययन केंद्र एवं जय नारायण पीजी कॉलेज लखनऊ के तत्वाधान में क्षेत्रीय केंद्र लखनऊ द्वारा टी.बी मुक्त भारत विषय पर गूगल मीट के माध्यम से वेबिनार का आयोजन किया कार्यक्रम की अध्यक्षता इग्नू क्षेत्रीय केंद्र लखनऊ की वरिष्ठ क्षेत्रीय निदेशक डॉ मनोहरा सिंह ने अतिथियों का स्वागत एवं विषय का प्रवर्तन करते हुए कहा कि माननीय प्रधानमंत्री भारत सरकार द्वारा 2025 तक टी.बी रोग से भारत को मुक्त करने का लक्ष्य रखा है इस हेतु इग्नू ने लोगों के मध्य जागरूकता लाने हेतु वेबिनार का आयोजन किया डॉ सिंह ने कहा कि भारत को टीबी जैसी पुरानी बीमारी जो जानलेवा है उससे भारत को मुक्त करने के लिए सबसे ज्यादा जन जागरूकता की आवश्यकता है। कार्यक्रम के मुख्य अतिथि डॉ एस एस निकतो, डॉ राम मनोहर खोसिया इन्स्टिट्यूट ऑफ मेडिकल साइंस के एसोसिएट प्रोफेसर ने अपने संबोधन में कहा कि हम सबको पता है कि टी बी प्राचीनतम बीमारियों में से एक है जो पूरे भारत में फैली हुई है हमारे पास जो डाटा उपलब्ध है उसके अनुसार 5000 व्यक्ति के लगभग मृत्यु के गाल में चले जाते इस समय करीब 9 राज्यों द्वारा 5 तरह की वैक्सीन पर अनुसंधान चल रहा है इनके सफल होने पर हम निश्चित रूप से 2025 तक टी बी के बैक्टीरिया को भारत से समाप्त कर देंगे टी बी के लक्षण प्रमुख रूप से अचानक वजन कम हो जाना, हल्का बुखार रहना, पेट कमर हाथ पैर में हल्का दर्द होना, 2 सप्ताह से अधिक लगातार खांसी आना, खांसी के साथ बलगम आना, बलगम में खून आना प्रमुख रूप से टी बी के लक्षण पर जने की पहचान होती है यदि ऐसा लगने लग रहा है तो डॉक्टर से मिलकर चेक करवाएं और यदि डॉक्टर के अंदर दिखाई दे रहा है तो आप सरकार के निम्न पोर्टल पर रजिस्ट्रेशन करा दें जिससे सरकार की ओर से मुफ्त जांच व इलाज हो सके भारत सरकार प्रति रोगी को 7500 न्यूट्रिशन युक्त भोजन को करने के लिए मुक्त प्रदान करती है टी बी के बैक्टीरिया एक दूसरे के स्पर्श में आने से भी फैलते इसलिए टी बी के मरीज के पास जाने के लिए मास्क आदि का प्रयोग करें। भारत सरकार ने करीब 12500 टी बी चैपियन पोस्ट फ़िएट की है जो उन लोगों को मदद करेगी जो बीच में ही दवा आदि छोड़ देते टी बी के बैक्टीरिया को समाप्त करने के लिए बड़े पैमाने पर जन जागरण की आवश्यकता है इस अवसर पर डॉ प्रवीण कुमार एड्व योगेश पांडे डॉ सर्वज्ञ शुक्ला एड्व पर्वत सिंह ने भी टी बी के फैलाव को रोकने के लिए अपने विचार रखे कार्यक्रम का संचालन सहायक क्षेत्रीय निदेशक डॉ रीना तिवारी ने किया।



निदेशक डॉ मनोहरा सिंह ने अतिथियों का स्वागत एवं विषय का प्रवर्तन करते हुए कहा कि माननीय प्रधानमंत्री भारत सरकार द्वारा 2025 तक टीबी रोग से भारत को मुक्त करने का लक्ष्य रखा है इस हेतु इग्नू ने लोगों के मध्य जागरूकता लाने हेतु वेबिनार का आयोजन किया डॉ सिंह ने कहा कि भारत को टीबी जैसी पुरानी बीमारी जो जानलेवा है उससे भारत को मुक्त करने के लिए सबसे ज्यादा जन जागरूकता की आवश्यकता है। कार्यक्रम के मुख्य अतिथि डॉ एस एस त्रिपाठी डॉ राम मनोहर लोहिया इन्स्टिट्यूट ऑफ मेडिकल साइंस के एसोसिएट प्रोफेसर ने अपने संबोधन में कहा कि हम सबको पता है कि टी बी प्राचीनतम बीमारियों में से एक है जो पूरे भारत में फैली हुई है हमारे पास जो डाटा उपलब्ध है उसके अनुसार 5000 व्यक्ति के लगभग मृत्यु के गाल में चले जाते इस समय करीब 9 राज्यों द्वारा 5 तरह की वैक्सीन पर अनुसंधान चल रहा है इसके सफल होने पर हम निश्चित रूप से 2025 तक टी बी के बैक्टीरिया को भारत से समाप्त कर देंगे टी बी के लक्षण प्रमुख रूप से अचानक

जिला संवाददाता शिव शंकर कानपुर देहात उत्तर प्रदेश। पुखराया रामस्वरूप ग्राम उद्योग परामर्शक महाविद्यालय पुखराया कानपुर देहात में संचालित इंदिरा गांधी राष्ट्रीय मुक्त विश्वविद्यालय के अध्ययन केंद्र एवं जय नारायण पीजी कॉलेज लखनऊ के तत्वाधान में क्षेत्रीय केंद्र लखनऊ द्वारा टीबी मुक्त भारत विषय पर गूगल मीट के माध्यम से वेबिनार का आयोजन किया कार्यक्रम की अध्यक्षता इग्नू क्षेत्रीय केंद्र लखनऊ की वरिष्ठ क्षेत्रीय निदेशक डॉ मनोहरा सिंह ने अतिथियों का स्वागत एवं विषय का प्रवर्तन करते हुए कहा कि माननीय प्रधानमंत्री भारत सरकार द्वारा 2025 तक टीबी रोग से भारत को मुक्त करने का लक्ष्य रखा है इस हेतु इग्नू ने लोगों के मध्य जागरूकता लाने हेतु वेबिनार का आयोजन किया डॉ सिंह ने कहा कि भारत को टीबी जैसी पुरानी बीमारी जो जानलेवा है उससे भारत को मुक्त करने के लिए सबसे ज्यादा जन जागरूकता की आवश्यकता है। कार्यक्रम के मुख्य अतिथि डॉ एस एस त्रिपाठी डॉ राम मनोहर लोहिया इन्स्टिट्यूट ऑफ मेडिकल साइंस के एसोसिएट प्रोफेसर ने अपने संबोधन में कहा कि हम सबको पता है कि टी बी प्राचीनतम बीमारियों में से एक है जो पूरे भारत में फैली हुई है हमारे पास जो डाटा उपलब्ध है उसके अनुसार 5000 व्यक्ति के लगभग मृत्यु के गाल में चले जाते इस समय करीब 9 राज्यों द्वारा 5 तरह की वैक्सीन पर अनुसंधान चल रहा है इसके सफल होने पर हम निश्चित रूप से 2025 तक टी बी के बैक्टीरिया को भारत से समाप्त कर देंगे टी बी के लक्षण प्रमुख रूप से अचानक







## 2. Report of Awareness Workshop on TB Mukta Bharat Abhiyaan

IGNOU, Regional Centre, Lucknow organized an Awareness Workshop on TB Mukta Bharat Abhiyaan on Wednesday, 7<sup>th</sup> December, 2022 at Gramin Shodha Kendra, Samaj Karya Vibhag, University of Lucknow, Lucknow. On this occasion Dr. Salman Khan, Veerangana Avanti Bai Mahila Chikitsalaya, Lucknow, Dr. Kirti Vikram Singh, Assistant Regional Director, IGNOU, Regional Centre, Lucknow, Shri A. K. Srivastava, Director, JSS, Lucknow and students, rural women attended this programme.



Dr. Kirti Vikram Singh, Assistant Regional Director welcomed all the dignitaries and the learners of IGNOU. Dr. Singh said that awareness about Tuberculosis may prevent society from spread of the disease. He motivated the learners to disseminate awareness about prevention of Tuberculosis in the society as social responsibility.





Dr. Salman Khan, Veerangana Avanti Bai Mahila Chikitsalaya, Lucknow discussed in detail about causes, symptoms and prevention of tuberculosis. He further spoke that after detection tuberculosis it is important to continue the treatment of the disease as per advice of the doctor. He further spoke about schemes run by State Government for diagnosis and prevention of Tuberculosis. He also informed about National TB Surveillance System and Rashtriya Kishori Swasthya Paramarsh Kendra run by Veerangana Avanti Bai Mahila Chikitsalaya, Lucknow.



Shri A. K. Srivastava, Director, Jan ShikshanSansthan, Lucknow proposed formal Vote of Thanks.



## Regional Centre Bhubaneswar

A number of activities were carried out under the Pradhan mantri TB Mukta Bharat Abhiyan

### 1. Webinar on “Holistic approach to make India TB free” organised by RC Bhubaneswar on 22.11.2022

A webinar was organised by RC Bhubaneswar to create awareness among people about eradication of TB and Govt. initiative to curb the dreaded disease. On this occasion Dr. Binod Kumar Behera, a reputed surgeon from AIIMS Bhubaneswar was invited to deliver the talk on Holistic approach to make India TB free. Dr. S.K., Tripathy, RD, RC Bhubaneswar presided over the meeting and Dr. S. Panigrahi, ARD conducted the meeting as the anchor. Dr. Bimal Nanda introduced the guest and finally proposed the vote of thanks.

The image shows a webinar slide on the left and a video conference grid on the right. The slide contains the following text:

- Logos for IGNOU, NAAC A++, and Ignou THE PEOPLE'S UNIVERSITY.
- Indira Gandhi National Open University
- Webinar on "Holistic approach to make India TB free"
- Chief speaker: Prof. Binod Kumar Behera, Associate Professor, AIIMS, Bhubaneswar
- Date: 22<sup>nd</sup> November, 2022, Time: 03:00 PM- 04:00 PM
- Google meet link: <https://meet.google.com/kap-nfrn-bpf>
- Dr. S.K. Tripathy, Sr. Regional Director
- Regional Centre, Bhubaneswar, C-1, Institutional Area, Bhubaneswar-751013

The video conference grid shows 11 participants, including Dr. Binod Kumar Behera, Dr. S.K. Tripathy, and other staff members.

### 2. Essay writing competition on 21<sup>st</sup> November 2022

An Essay Competition was organized for School Children on 21<sup>st</sup> November, 2022 by IGNOU RC Bhubaneswar as a Part of the Celebration of TB Mukta Bharat. TB Mukta Bharat was the theme of the competition. As many as 30 students participated in the competition. Prizes were distributed among the top three contestants by the Regional Director. The students and teachers of the school, Senior Regional Director, IGNOU Dr. S K Tripathy, ARDs Dr. S K Panigrahi, Dr. P K Jena, and other staff members of IGNOU were present on the occasion. Dr. S K Tripathy, Sr. RD spoke on the occasion and praised the students for their wonderful Essay writing skill and said that every participant was the winner as the Essay competition created awareness among the school students regarding the most important theme of TB Mukta Bharat. He also gave a brief outline about the present health scenario of the country.





# SCHOOL OF HEALTH SCIENCES







DIGI NEWS

2022/11/24/News/Nov/2402  
**IGNOU DIGI NEWS** आज़ादी का अमृत महोत्सव  
 22nd November 2022 RC- Bhubneswar

**Webinar on "Holistic approach to make India TB free"**

A webinar was organised by RC Bhubaneswar to create awareness among people about eradication of TB and Govt. initiative to curb the dreaded disease. On this occasion Dr.Binod Kumar Behera ,a reputed surgeon from AIIMS Bhubaneswar was invited to deliver the talk on Holistic approach to make india TB free. Dr S.K.Tripathy, RD, RC Bhubaneswar presided over the meeting and Dr. S.Panigrahi ,ARD conducted the meeting as the anchor. Dr.Bimal Nanda introduced the guest and finally proposed the vote of thanks.

2022/11/24/News/Nov/2402  
**IGNOU DIGI NEWS** आज़ादी का अमृत महोत्सव  
 22nd November 2022 RC- Bhubneswar

2022/11/24/News/Nov/2402  
**IGNOU DIGI NEWS** आज़ादी का अमृत महोत्सव  
 22nd November 2022 RC- Bhubneswar

2022/11/24/News/Nov/2402  
**IGNOU DIGI NEWS** आज़ादी का अमृत महोत्सव  
 22nd November 2022 RC- Bhubneswar

Rank	Cause of Death	Number of Deaths
1	Heart attacks/fallows	10
2	Lung diseases (COPD)	10
3	Stroke/ischemic heart disease	5
4	Diarrhoeal diseases	5
5	Tuberculosis	5
6	Diabetes	4
7	Chronic kidney diseases	3
8	Pneumonia	3
9	Alcohol use disorders	3
10	Ischemic heart disease	3



### **Regional Centre Cochin**

Dr. V.T. Jalaja kumari, ARD coordinated the conduct of two events namely Lecture webinar and Awareness programme at LSC 1453 through poster competition and Speech by Students of the Host Institution as programmes under regarding Pradhan Mantri TB Mukta Bharat Abhiyan at RC Cochin.

#### **1. Lecture webinar also Face Book live:**

The webinar was conducted using *Google Meet* which was also made as Facebook live session in Regional Language Malayalam on the topic “ക്ഷയരോഗവിമുക്തഭാരതം” (TB Mukta Bharath) on 10.11.2022 from 3pm to 4.30pm at IGNOU Regional Centre Cochin.

Dr. Sheeja Beevi S, Medical Officer, Government Ayurveda College Hospital for Women and Children Poojappura, Thiruvananthapuram was the resource person. There were 65 participants in the virtual programme including RD, RC Vatakara and many medical doctors from allopathy and Ayurveda in addition to IGNOU learners and RC Cochin staff.

***The webinar recording is available in the IGNOU Regional Centre Cochin YouTube channel at the link <https://www.youtube.com/watch?v=R0OOGKDI26o>***

In the webinar Dr. J.S. Dorothy, Regional Director, Regional Centre Cochin welcomed the Resource Person and the participants. Dr. Praseetha Unnikrishnan, Assistant Director gave a brief introduction about the Programme with a special reference to Pradhan Mantri TB Mukta Bharat Abhiyan.

The resource person highlighted the seriousness to be taken by the public on the pertinent fact of increasing growth rate of TB in India in recent years and the precautions to be taken, Symptoms of TB, Medication and other health care habits to be followed in individual daily life, the measures to be taken to resist spread of TB.

Dr. M. Rajesh, Regional Director of RC Vatakara remarked the relevance of the programme and shared a Plan of Action on the spot to conduct such programmes further in a wide manner through local self-governments by creating a digital repository on TB Mukta Bharat Abhiyan using available medical resources and other activities. The active interaction from the side of the participants made the programme a live one and the programme was very much fruitful in sharing awareness on the disease Tuberculosis which is considered in the group of pandemics by Medical Science. The programme has come to an end with the Vote of Thanks of Dr. S. Vijayaragavan, Asst. Regional Director of RC Cochin. The technical expertise for the conduct of the webinar which was made as Facebook live was rendered by Sh. Mohammed Ansar (AEDP).

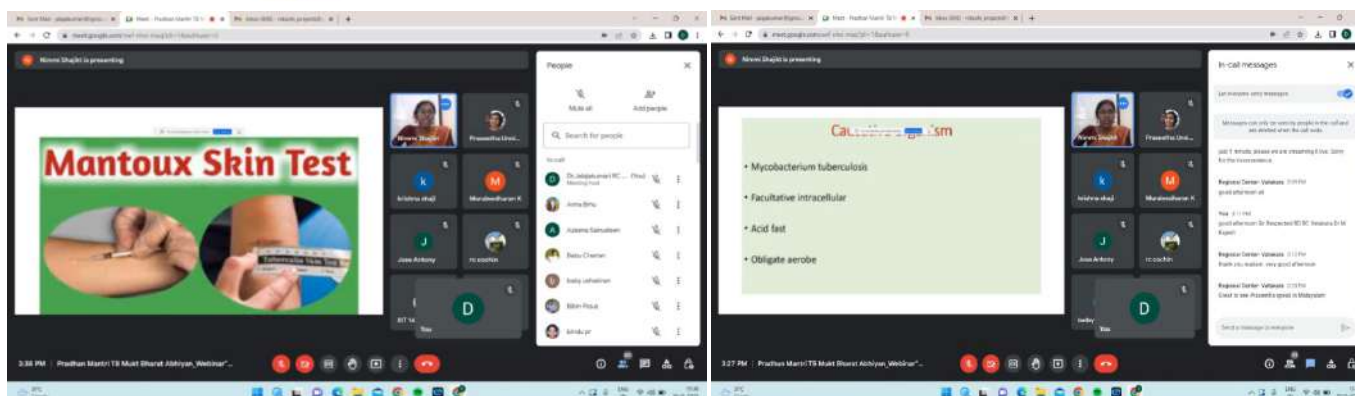


Figure 1: The resource person presentation on the Topic TB Mukht Barath

Figure 2: The resource person presentation on the Topic TB Mukht Bharat

**2. Awareness programme at LSC 1453 through poster competition and Speech by Students of the Host Institution:**

An Awareness at LSC 1453 through poster competition and Speech by Students of the Host Institution (MES College of Education, Edathala) was the second event conducted at Regional Centre Cochin.

Dr. Bindu P, PIC of the Programme Study Centre of RC Cochin, 1453P, MES Training College, Edathala coordinated the Awareness Programme at LSC 1453 through poster competition and Speech by Students of the Host Institution on the theme ‘TB Mukht Bharath’ on 14th November 2022.

Under the leadership of the Principal Dr. Omana T P, LSC Coordinator Dr. Bindu P and other faculty members besides student-teachers delivered speeches on various aspects of Tuberculosis, various aspect of the Tuberculosis as a disease and its prevention at the MES College of Education, Edathala. Besides the speech event the poster competition with display was also held. The student-teachers and the faculties of the college actively participated in both the programme and the posters created by the student teachers were displayed in the campus for making awareness among the students and teachers of the other institutions in the campus including the model school of the Training College (MES Higher secondary School Edathala). The programme was inaugurated by the Principal of the College, Dr Omana T P .The programme came to an end with the vote of thanks of Dr Bindhu N K the PIC of the LSC 1453 MES Training College Edathala.

The photographs of the Awareness programme at LSC 1453 through poster competition and Speech by Students of the Host Institution Conducted at MES Training College Edathala





Students arrange the posters displayed in the Campus



Students observe the posters displayed in the Campus



Students observe and discuss on the posters displayed in the Campus



The Principal Dr. Omana T P giving Inaugural Address in the programme



**Student speak on the topic TB MukT Bharath**



*The clipping on the Awareness programme at LSC 1453 through poster competition and Speech by Students of the Host Institution recording is available in the IGNOU Regional Centre Cochin YouTube channel at the link <https://www.youtube.com/watch?v=bPiZJvZ2QJE>*

*Lecture on Tb MukT Bharat Abhiyan YouTube video recording links:*

1. <https://youtu.be/R0OOGKDI26o>
2. <https://youtu.be/bPiZJvZ2QJE>





Regional Centre Patna

Talk on “Challenges and Hindrances in the Treatment of Tuberculosis”

Regional Centre, Patna organized a Talk on “Challenges and Hindrances in the Treatment of Tuberculosis” (An Initiative towards TB Mukt Bharat) in the Conference Hall of the Regional Centre on 28.11.2022. All the members of the staff of Regional Centre, Patna, Regional Centre, Bhagalpur, Regional Evaluation Centre, Patna and some students participated in this programme. Dr. Abhilash Nayak, Sr. Regional Director welcomed the Resource Person Dr. Md. Hasnain Quaisar, MD, Dr. Hasnain’s Medicare Centre Pvt. Ltd., Patna and highlighted the objective of arranging the talk for the staff and students. The Dr. Md. Hasnain Quaisar, MD discussed the symptoms of the TB disease, the precautions need to taken by people to keep themselves away from the disease, treatment of disease at different stages, the challenges and hindrances involved in the treatment of disease. After the talk Dr. Hasnain Quaisar interacted with the staff and students and clarified their doubts regarding the symptoms and treatment of the disease. Dr. Sarah Nasreen, Regional Director, In charge, Bhagalpur facilitated the interaction with the staff and students. Finally Sh. Anand Kumar, Assist. Registrar proposed formal Vote of Thanks.







**Regional Centre Jabalpur**

**इग्नू क्षेत्रीय केंद्र जबलपुर**

**'टी.बी. मुक्त भारत अभियान' पर ऑनलाइन वार्ता का आयोजन**  
**(दि.- 30 नवम्बर 2022)**

इग्नू क्षेत्रीय केंद्र जबलपुर द्वारा भारत शासन के स्वास्थ्य सम्बन्धी 'टी.बी. मुक्त भारत अभियान' विषयक दिनांक 30 नवम्बर 2022 पर ऑनलाइन वार्ता का आयोजन किया गया.

क्षय / यक्ष्मा रोग (Tuberculosis) के कारण, निदान व उपचार की शासकीय व्यवस्थाओं पर जानकारी श्री अमित सोनी, खंड समन्वयक (टी.बी. विभाग) जिला चिकित्सालय जबलपुर द्वारा प्रदान की गयी.

कार्यक्रम की अध्यक्षता डॉ. सोमासी श्रीनिवास क्षेत्रीय निदेशक इग्नू क्षेत्रीय केंद्र जबलपुर द्वारा की गयी. डॉ. अंशुमान उपाध्याय उप क्षेत्रीय निदेशक इग्नू क्षेत्रीय केंद्र भोपाल, जुलाई-22 सत्र के शिक्षार्थी (CPY अध्ययन कार्यक्रम सहित), पूर्व सत्र के सामुदायिक स्वास्थ्यकर्ता प्रमाण पत्र अध्ययन कार्यक्रम के शिक्षार्थी, क्षेत्रीय केन्द्रों के अधिकारी व कर्मियों ने सक्रिय सहभागिता करते हुए अपनी जिज्ञासाओं के समाधान प्राप्त किये.

कार्यक्रम का समन्वयन एवं सञ्चालन सहा. क्षेत्रीय निदेशक इग्नू क्षेत्रीय केंद्र जबलपुर डॉ. हरीश कुमार केवट तथा डॉ. विवेक श्रीवास्तव द्वारा किया गया.

-----XXXXX-----



# SCHOOL OF HEALTH SCIENCES



meet.google.com/bax-wgtv-ydv

RC Jabalpur is presenting

INDIRA GANDHI NATIONAL OPEN UNIVERSITY  
REGIONAL CENTRE, JABALPUR

## टी० बी० मुक्त भारत अभियान

30.11.2022

भारत को टी० बी० मुक्त बनाने में अपना योगदान दें।

You

Satish Kumar

vivek shrivastava

Vimal Gupta

amit kumar Soni

Vimal Gupta has raised a hand [Open queue](#)

1:03 PM | bax-wgtv-ydv

meet.google.com/bax-wgtv-ydv

RC Jabalpur	vivek shrivastava	Vimal Gupta	Satish Kumar	Anita Panwar	RC Jabalpur
Anurag Neekhra	Satyendra Parihar	Achyut Tiwari	Brajesh Parashar	amit kumar Soni	Ankit Jat
Monoo Mankar	omkar chaudhari	Ravi Kant Tiwari	divya tripathi	Maneesha Rai	arya gupta
eSessions 1 RC J...	VIMLENDRA VER...	Aakash Shrivast...	Anirudh Maurya	Pranjal S	You

1:28 PM | bax-wgtv-ydv

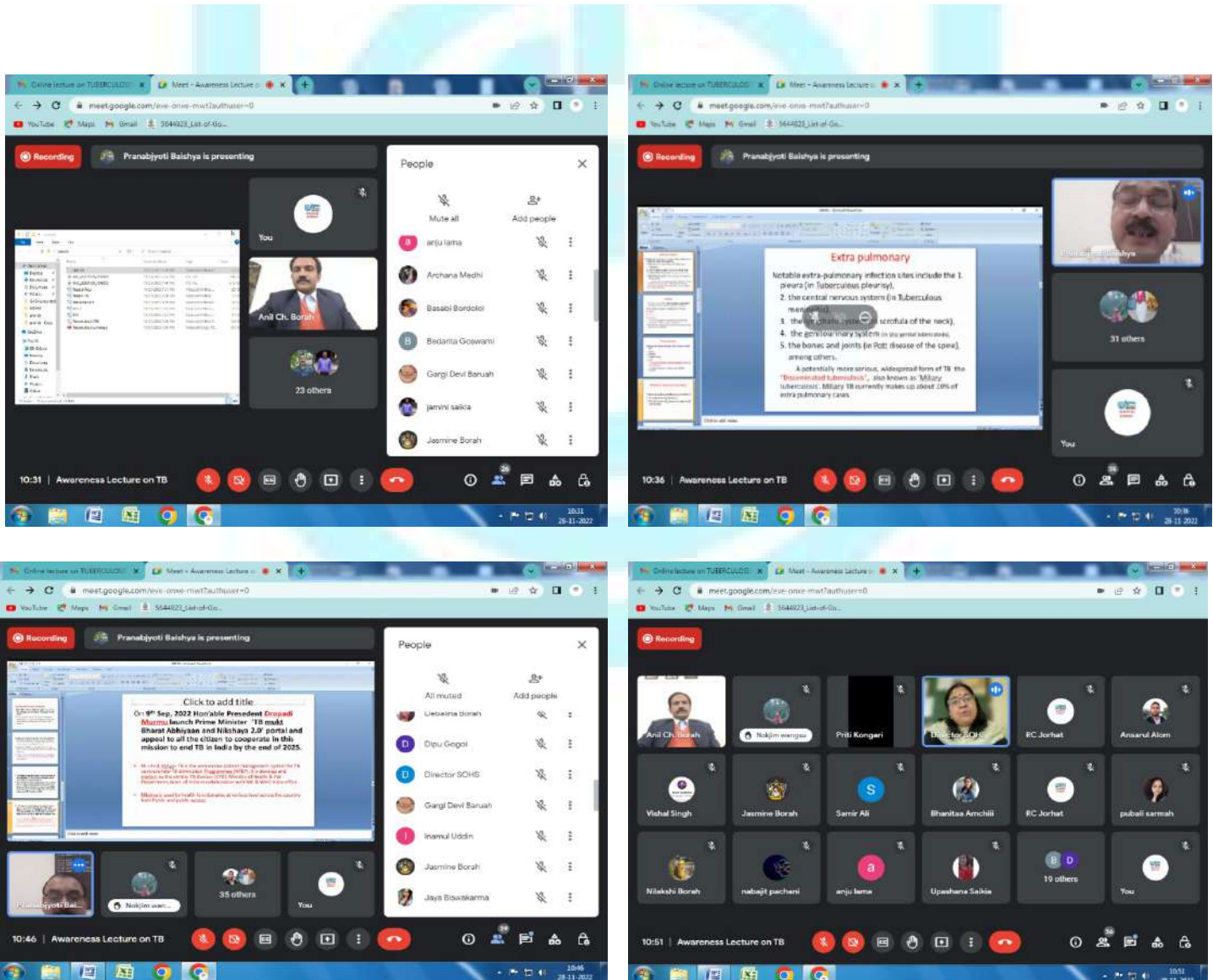


## Regional Centre Jorhat

### Online lecture on the topic “Tuberculosis – Causes, Prevention and Cure”. on 28<sup>th</sup> Nov 2022

Online lecture session was organized by RC Jorhat on 28th Nov, 2022 at 10.30 AM through Google meet. There were about 42 participants who attended the meeting.

The meeting started with the welcome address by Dr. Anil Ch. Borah, Sr. Regional Director, RC Jorhat. Dr. Pranabjyoti Baishya, Professor, Govt. Ayurvedic College and Hospital, Guwahati delivered a lecture on the topic “**TUBERCULOSIS – CAUSES, PREVENTION AND CURE**”. Prof. Ruchika Kuba, Director, School of Health Sciences (SOHS) was also present and delivered a few words on the event.





**Regional Centre Karnal**

Various activities were carried out by RC Karnal under the Pradhan Mantri TB Mukta Bharat Abhiyan

**1. Online webinar i.e. (1) Webinar on Tuberculosis Bacteria (TB): Symptoms, Diagnosis, Treatment and Prevention measures on 25th November 2022 at 03:00PM.**

Under Pradhan Mantri TB Mukta Bharat Abhiyan, RC Karnal has organised an online webinar i.e. Webinar on Tuberculosis Bacteria (TB): Symptoms, Diagnosis, Treatment and Prevention measures on 25th November 2022 at 03:00PM. Dr Sunaina, Assistant Professor, Respiratory Medicine, BPSGMCW, Khan Pur Kalan, Sonapat was the resource person and approx. 60 participants from RC Staff, LSC Functionaries and IGNOU learners have joined this online webinar. A detailed information was given by the resource person Dr Sunaina during the programme on Tuberculosis Bacteria (TB): Symptoms, Diagnosis, Treatment and Prevention measures

**2. Organisation of an Awareness camp**

Awareness camp was also organised at village Jhanjari, Karnal under Pradhan Mantri TB Mukta Bharat Abhiyan on 25.11.22. Dr Dharam Pal, RD (I/c), Dr Amit Kumar Jain, ARD and Sh. Robin Verma has visited the village Jhanjadi on 25.11.22 and aware the villagers on Symptoms, Diagnosis, Treatment and Prevention measures of TB. Approx. 15-20 villagers have attended this awareness camp and they assured us that they will circulate this information among other villagers also.



**पंजाब केसरी** SUN, 27 NOVEMBER 2022  
EDITION: KARNAL KESARI, PAGE NO. 4

**इग्नू ने चलाया टी.बी. को लेकर जागरूकता अभियान**

को प्राप्त करने के लिए प्रधानमंत्री टी.बी. मुक्त भारत अभियान का शुभारंभ किया हुआ है। इस अभियान के तहत इग्नू क्षेत्रीय केंद्र करनाल द्वारा गांव झंझाड़ी में एक जागरूकता अभियान का आयोजन किया। ग्रामीणों को टी.बी. होने के कारणों और उनसे बचने संबंधित जानकारी, प्रारंभिक लक्षणों और उपचार संबंधित जानकारी गांव वालों को मुहैया करवाई गई। इस दौरान सहायक क्षेत्रीय निदेशक डॉ. अमित कुमार जैन, अनुभाग अधिकारी रोबिन वर्मा, रणवीर सिंह, मोहन सिंह आदि उपस्थित रहे।

टी.बी. के प्रति लोगों को जागरूक करते हुए डा. धर्म पाल।

करनाल, 26 नवम्बर (रुकेश): इग्नू क्षेत्रीय केंद्र करनाल के क्षेत्रीय निदेशक प्रभारी डा. धर्म पाल ने बताया कि क्षय रोग टी.बी. के खिलाफ लड़ाई में तेजी लाने और वर्ष 2025 तक इस भयंकर रोग को खत्म करने के लिए देश के प्रधानमंत्री द्वारा निर्धारित लक्ष्य

## प्रधानमंत्री टीबी मुक्त भारत अभियान को सफल बनाने में लोगों से सहयोग की अपील : डा. धर्म पाल

### वर्ष 2025 तक टीबी मुक्त भारत के लक्ष्य में करे सहयोग

करनाल(मेहर सिंह)। इग्नू क्षेत्रीय केंद्र करनाल के क्षेत्रीय निदेशक प्रभारी डा धर्म पाल ने बताया की क्षय रोग के खिलाफ लड़ाई में तेजी लाने और वर्ष 2025 तक इस भयंकर रोग को खत्म करने के लिए देश के प्रधानमंत्री द्वारा निर्धारित लक्ष्य को प्राप्त करने के लिये राष्ट्रपति जी ने देश में 9 सितंबर को 'प्रधानमंत्री टीबी मुक्त भारत अभियान' का शुभारंभ किया। वर्ष 2025 तक टीबी उन्मूलन की दिशा में देश की प्रगति में तेजी लाने के लिये स्वास्थ्य और परिवार कल्याण मंत्रालय की यह एक अनेखी पहल है। जब लोगों के हित में कोई कल्याणकारी योजना बनाई जाती है, तो उसकी सफलता की संभावना कई गुना बढ़ जाती है। ऐसे में लोगों की भी जिम्मेदारी बनती है कि वे सरकार की इन योजनाओं को सफल बनाने के उद्देश्य से आगे आए। देश में 9



सितंबर को 'प्रधानमंत्री टीबी मुक्त भारत अभियान' शुरू किया गया है। इसे सफल बनाने के लिए भी लोगों से सहयोग की उम्मीद की जा रही है। इस अभियान के तहत इग्नू क्षेत्रीय केंद्र करनाल के द्वारा गांव झंझाड़ी में एक जागरूकता अभियान का आयोजन किया जिसमें गांव वालों को

टीबी होने के कारणों और उनसे बचने संबंधित जानकारी, प्रारंभिक लक्षणों और उपचार संबंधित जानकारी गांव वालों को मुहैया करवाई गयी इस दौरान सहायक क्षेत्रीय निदेशक डा अमित कुमार जैन, अनुभाग अधिकारी रोबिन वर्मा, रणबीर सिंह, मोहन सिंह आदि उपस्थित रहे

## टीबी को लेकर किया जागरूक



गांव झंझाड़ी में टीबी जागरूकता अभियान के दौरान उपस्थित ग्रामीण। ● विज्ञप्ति  
**करनाल:** इंदिरा गांधी नेशनल ओपन यूनिवर्सिटी के क्षेत्रीय केंद्र की ओर से गांव झंझाड़ी में टीबी जागरूकता अभियान का आयोजन किया गया। इसकी अध्यक्षता इग्नू क्षेत्रीय केंद्र के क्षेत्रीय निदेशक प्रभारी डा. धर्मपाल ने की। इसमें गांव वालों को टीबी होने के

कारणों और उनसे बचने से संबंधित जानकारी, प्रारंभिक लक्षणों व उपचार संबंधित जानकारी मुहैया कराई गई। इस दौरान सहायक क्षेत्रीय निदेशक डा. अमित कुमार जैन, अनुभाग अधिकारी रोबिन वर्मा, रणबीर सिंह व मोहन सिंह उपस्थित रहे। (जासं)



## न्यूज गैलरी

### वर्ष 2025 तक टीबी मुक्त भारत के लक्ष्य में करे सहयोग : डॉ. धर्म पाल



ग्रामीणों को टीबी के बारे में जागरूक करते हुए।

सवेरा न्यूज/सन्नी चौहान करनाल इग्नू क्षेत्रीय केंद्र करनाल के क्षेत्रीय निदेशक प्रभारी डा. धर्म पाल ने बताया कि क्षय रोग टीबी के खिलाफ लड़ाई में तेजी लाने और वर्ष 2025 तक इस भयंकर रोग को खत्म करने के लिए देश के प्रधानमंत्री द्वारा निर्धारित लक्ष्य को प्राप्त करने के लिये राष्ट्रपति ने देश में 9 सितंबर को प्रधानमंत्री टीबी मुक्त भारत अभियान का शुभारंभ किया। इस अभियान के तहत इग्नू क्षेत्रीय केंद्र करनाल के द्वारा गांव झंझाड़ी में एक जागरूकता अभियान का आयोजन किया। जिसमें गांव वालों को टीबी होने के कारणों और उनसे बचने संबंधित जानकारी, प्रारंभिक लक्षणों और उपचार संबंधित जानकारी गांव वालों को मुहैया करवाई गयी। इस दौरान सहायक क्षेत्रीय निदेशक डा अमति कुमार जैन, अनुभाग अधिकारी रोबिन वर्मा, रणबीर सिंह, मोहन सिंह आदि उपस्थित रहे।





# SCHOOL OF HEALTH SCIENCES



3:28 PM | Webinar on Tuberculosis Bacteria (TB): Sym...

3:51 PM | Webinar on Tuberculosis Bacteria (TB): Sym...